

Transcript of May 22, 2021, call between Lindsey Hill and Trevor Bauer

Prepared through Otter and manually by Meghann Cuniff of www.legalaffairsandtrials.com

Lindsey Hill 00:04
Hi TB.

Trevor Bauer 00:05
Hey you.

Lindsey Hill 00:06
How are you? What are you doing? Are you at the field?

Trevor Bauer 00:10
No, not yet.

Lindsey Hill 00:12
Awww I saw that you did fantastic last night.

Trevor Bauer 00:17
Thanks. It was a fun one. First time. Dodgers - Giants. So, had a little fun with it.

Lindsey Hill 00:24
And I know I saw that Instagram. You, uh, asking the crowd for a little more there.

Trevor Bauer 00:32
chuckles Typical troll me.

Lindsey Hill 00:34
Yeah, it is typical you. Um. Yeah. Oh my gosh, well I just, like, I was sleeping all day yesterday but I, like, caught up on all things social media this morning.

Trevor Bauer 00:47
Yeah. How ya feeling?

Lindsey Hill 00:51
I'm just, I am having a tough time. I just, like, I've been — I've been resting. Kinda like I texted you. I was supposed to go to, like, my follow up appointment, but obviously, like, uh *sigh* I'm just, it's, like, hard. Like, I also told you like, it's hard because, like, I don't want anyone to know, you know? So it's like, I'm trying my best to just, like, handle it on my own. But, yeah, I'm just, like, I guess I'm just really having, I'm having a tough time with all of that and just kind of, like, trying to process, like, how it even happened. You know what I mean?

Trevor Bauer 01:32
Yeah. Trying to like, trying to figure that out, too. I mean, I know that, like, I know you asked me to hit you and we had a safe word on and all this different stuff, but I still just can't figure out how the result was what it was, you know. I just wonder if there's any way I can help. I want to make sure that you're OK.

Lindsey Hill 01:55

Yeah.

Trevor Bauer 01:56

Like, you know, I would never, I would never do that to you outside of like, like, what we had talked about, you know? Like, do you know that?

Lindsey Hill 02:07

Yeah, no, I do and I appreciate, um. No, like, I really do appreciate all your sweet messages and stuff. And, like, they do make me better. But, like, but I so, like, the thing for me is, like, it's kind of, like, blurry for me, obviously, because I was, like, coming out of, like, in and out of consciousness. But so I did ask you to hit me?

Trevor Bauer 02:27

Yeah.

Lindsey Hill 02:30

Yeah, OK. Uh, I don't. I'm just, like, I'm trying to wrap my head around it because, like, obviously, like, I'm just, like, in a lot of pain and I, like, don't remember, like, specifically asking you to like, hit me. And I mean, like, that, like, did you mean to hit me that hard?

Trevor Bauer 02:50

No, and, like, that's why it's confusing. I feel, like, I didn't feel like I hit you that hard, you know? And certainly, like, I tried telling you multiple times, 'Do you want to stop? Are you OK?' And, like, you said to keep going. So I just was trying to follow your lead on it. But like, I don't want to - I don't want to do that anymore because I don't want to hurt you.

Lindsey Hill 03:26

Yeah, no, and

Trevor Bauer 03:27

That was never the point of it, you know?

Lindsey Hill 03:29

Yeah, and like, that's the thing is, like, that's it and like, I really appreciate, like, I know, it's, not like, easy to talk about, but like, I just appreciate you talking to me about it because, like, I like love spending time with you. And I like want to keep spending time with you know, so like I just want to, like, communicate about it. So, like, for, like, next time and, like, when I'm around you like I just, like, don't have to, like, think about it and, like, understand your, like, intention but, like, yeah, I mean, for me, it was just confusing.

03:54 Because it's like, like getting to the point like where I'm at the hospital. I'm like, OK, I just have to like really try and understand and process so I don't like it doesn't like lead me into a mental spiral. You know, but just, like, I think for it's, like, the two black eyes and like a swollen jaw. Like, I know, you had said, like, at the end you're, like, 'Oh, I got you, like, with your mouth open.' And then. So, like, that's the part I'm just trying to understand. Because, like, I know you asked me before because you were, like, you know what's off limits and I was like, oh, like, don't, you know, do the fingers on my throat thing. And, like um like, I know it's like I I guess I.

04:38 Yeah, I'm just trying to wrap my head around I guess and like, I don't really, like what did we talk about beforehand in terms of boundaries? Like, what was your, like, understanding just you know, so, like, we can be on, like, the same page, like, moving forward, but I just want to know, like, what you're, like, you thought was, like, OK. You know what I mean?

Trevor Bauer 04:59

Yeah, and it just kind of from our text conversation you had asked me, like, I haven't really gone back and read it but you said something about, like, slapping in the face and like whatever else I wanted and stuff like that, and, like, I feel, like, that's kind of what what happened and I just wanted to check on you. We had the conversation about that kind of like being your way of, like, escaping and just kind of, like, letting go.

Lindsey Hill 05:34

Yeah, like in terms of like the cho- like that they said to you about like choking

Trevor Bauer 05:38

Yeah, and like we talked about like how you kinda kind of how you felt like going out and like coming back and you had said that you want to do it again because you felt good like it made you feel good.

Lindsey Hill 05:51

Yeah. Yeah.

Trevor Bauer 05:54

I was just trying to, like — I really appreciate you as a person that, I like spending time with you and stuff.

Lindsey Hill 06:04

Yeah, I just, like, yeah.

Trevor Bauer 06:08

I'll never, like if we set, I'll never cross boundaries with you. I just, like, I thought that, like, everything that we had talked about was, like, you know.

Lindsey Hill 06:21

Yeah, yeah, I just think that, like, you know, like, I like, and I'm just communicating like from my, like, own peace of mind, like, I said, because I like want, like, us to be exactly, like, I appreciate you so much and, like, I want us to, like, exactly, accept boundaries and, like move, forward but, like, for my own peace of mind, like, I just have to communicate, like, I never, like, said it was a free for all and, like, like, the punching and, like, all that stuff that resulted in, like, me being in the hospital and that stuff, like, it's just been a lot um so I just yeah.

Trevor Bauer 06:55

inaudible On my end, like, I wasn't, like, I was I don't ever want to hurt you. I thought that, like, why — what we were doing because we, like, checked multiple times about having a safe word and, like, and all that, like, I thought that it was like, I thought you were OK I would check multiple times like, 'Hey are you O? You want to stop or not?' You said no. So, like, I was that was kinda my

way of, like, trying to make sure that we weren't crossing any boundaries you know, and like obviously —

Lindsey Hill 07:41

Yeah, I just like I don't, like, remember we never like talked about like punching you know? Like getting punched and that kind of thing which resulted in the black eyes and like the head stuff. And like at the end like when I did like, say the safe word like because I was in like so much pain when you were like hitting the top of like my literal like my vag like that's like when I could like barely get it out to say like I just like I don't know I never like thought that that's like what it was gonna be, you know? Because we just like hadn't like talked about that.

Trevor Bauer 08:26

Yeah, I understand that for sure.

Lindsey Hill 08:36

But what do you, like, but what about that do you understand, you know?

Trevor Bauer 08:44

Like, I understand, like, how, like, you feel, like, I understand how co- how you feel that way, like, it was obviously, that that was not my intent. Like, I thought that.

Lindsey Hill 09:05

Yeah, I'm just kind of thinking, like, and again, like, I appreciate you, like, talking to me about. Because, like, this just helps me but, like, like, why did you think that was OK? You know, like, or was it just that you got carried away like?

Trevor Bauer 09:25

It wasn't like carried away at all. I mean I had thought I was kind of following — in my head, I was following your lead. Like, what we had talked about pain and slapping and hitting and, like, these things and wanting to be choked and, like, letting go and being just like submitting and stuff like that, and I. That's why when, like, during it I was, like, very, like asking you multiple times, like, 'Are you OK, do you wanna stop? Is that too much? Why don't you say the safe word?' That was my way of like trying to follow your lead.

Lindsey Hill 10:06

Yeah, I think it's just confusing because like, you, like, because I was coming, like, in and out of consciousness like, like I don't remember you ever asking me and, like, I like, the punching thing, like, I, like, didn't want that and, like, that which is what I wanted to communicate. You know what I mean?

Trevor Bauer 10:26

Yeah. OK. I Yeah I'm. Yeah. I mean I'm very, like, I'm sorry that I don't know, like, what to say. I feel really, like, feel your pain, and I'm, like, in pain, too. I never wanted to get to that point. Like I can, I will never get to that point again, I promise that I know that doesn't change anything. Like, I'm hurting too, and this, like, I know you're experiencing it much more than I am like, I feel so bad that I -- something that I thought was I was just trying to, like, give you what we had talked about and make you feel good. That that was my, like, perspective on it, you know?

Lindsey Hill 11:26

Yeah. Yeah, no, for sure. And like, I appreciate you —

Trevor Bauer 11:32

I'm hurting here, too.

Lindsey Hill 11:33

Yeah, I appreciate it. Like I can't say it enough. I appreciate you like saying those things that's why I wanted to like, talk about it. I'm just kind of like, yeah, that's what I wanted to understand. Like, why did it get to that point?

Trevor Bauer 11:46

Yeah, like it was, it wasn't like it wasn't like, I like it wasn't something where I just like, blacked out and like was, you know didn't have like, was just doing whatever. Like, I was like, that was my perspective on it. Like, I was trying to you know like, I was trying to like, protect you, but also, like, have the type of sex that we had talked about and like —

Lindsey Hill 12:19

Yeah.

Trevor Bauer 12:20

And I know it's a fine line. Like, I don't ever. Yeah, I don't know the words. I just I'm, struggling because I don't want to hurt you. Like I never want to hurt you.

Lindsey Hill 12:33

Yeah, I just, like, for sure wanted to communicate that I, like, never want to be like punched and hit super hard. Just because I'm, like, going through what I am going through right now. And, like I uh, you know, me, I'm not good at communicating. And I just, like, never said that I wanted to be punched or, like, you know, anything like that. So I just, like, want you know, you've been asking me a ton to communicate and, like, let you in and I want to do that so it's, like, super hard for me to say these things. And I know for you, too, it's hard. But I just had to, like, clearly communicate that to you, you know just because of, like, where it ended and, like, the hospital and having to, like, hide it and, like, not be at work and so it does feel better to to talk about it, like I said because I do — I don't want it to be something where we, like, don't go, like, get to be still be friends or do whatever because of it. You know?

Trevor Bauer 13:34

Yeah, I'll never. Obviously having clear communication about things now is good. I thought that, I thought that we were, that we had communicated. Obviously, like, I know now that like there's some miscommunication there and they're, like, but I'll - it'll never happen again. I don't want you to be, like, afraid to, like, be around me or, like, and if there's anything I can do to help you, like, you mentioned, like, missing work, like. I just, I want — to want to make sure that you're okay. Honestly, like, if I can help please, if there's something I can do.

Lindsey Hill 14:21

Yeah. Yeah, honestly, like, like I'm just trying to understand and like not even being a bitch at all, but, like, it's more of just like, you know, I'm, like, inexperienced with all this stuff. And so it's like, because remember like, after the first time I was like, oh is this like a normal response? Like, I know

nothing, like, about, like rough sex, or anything like that. So like, do like how could you think that like that is OK, you know, to, like, punch and, like, like, hit that hard, like, you know, to where bruises are in, like, I'm just kind of trying to understand, like, do you think that's OK, like? Or, like, how could you think that's OK? If you, you know, like, if that makes sense.

Trevor Bauer 15:08

Yeah, yeah, that makes sense. I understand. I was under the impression that you had like had rough sex before because you had said that, that it's like kind of your way of escaping. So like it's had I - I should've clarified that and talked to you more about it and like really got on the same page with you about that. Like, it's never, rough sex is never about my fantasy or my wishes. It's all about trying to. For me, it's all about the other person, like, trying to give them what, like, I don't know exactly how to phrase it.

Lindsey Hill 15:54

I get it. So you kind of - sorry, keep going.

Trevor Bauer 15:58

Yeah, but I just, like, because I was under the impression that like, you had done some sort of rough sex and stuff before. Like, I should have had more of a conversation with you about it. But again, like it was, it was not, you know I, it was not about trying to live out anything about me? I was —

Lindsey Hill 16:32

Yeah. OK. That that makes sense. So you kind of just like assumed that it was OK?

Trevor Bauer 16:41

And then we had talked about it. So like our conversation about it had me —

Lindsey Hill 16:45

Yeah.

Trevor Bauer 16:46

You know, I guess so, like, when you like told me that you, like, that was kind of your escape and, like, you want to be slapped and choked and stuff like this. Like, that's why you told me that you wanted those things. So I was, that's what gave me that impression. You know?

Lindsey Hill 17:06

Yeah. Yeah. And I'm just trying to remember, like, obviously, like what I said. So like, what what did I even, like, what did I even tell you is, like, I don't - what did I tell you was off limits again?

Trevor Bauer 17:19

Like, you know, you said fingers down the throat and like, you know via text. It's in our text thread.

Lindsey Hill 17:31

Yeah. No, I definitely remember talking about the choking Well, no. 100% 1,000% For sure. That was me. Yeah. It's just kind of like, different than the punching and all of that stuff. But no, I'm super grateful. Like, it actually like helps me so much to talk about it just because I've been in this headspace of like, trying to, well, one, I'm just, like, have concussion brain, so I'm like, veh, like, it's

like, I've just been sleepy. And so I'm like, I'm trying to put like my pieces together, obviously. And I've just been like, alone and like, obviously, like thinking about it. So it's, like, helpful that you can tell me like, like, you know, like, tell me, like, where you are coming from like, I appreciate that so much. But like, I think, like, when I'm thinking about the like concussion, like, how many, like, how many times you think you, like, hit my head?

Trevor Bauer 18:33

It wasn't like ... I don't I couldn't

Lindsey Hill 18:39

Yeah.

Trevor Bauer 18:41

I'm not sure. It wasn't that many. That's why I was so surprised, like when you said when you said like I didn't think that anything would like you know. Yeah I was so surprised —

Lindsey Hill 19:00

Yeah.

Trevor Bauer 19:01

— when I heard, you know?

Lindsey Hill 19:03

I was just like, like, shocked at my like frickin vag. It was literally like, black and blue. So I was, like, shit how many times did you like punch that? But, like, I remember that part at the end, but because that's like when I said safe word. Um, so yeah, I'm just processing it and like yeah, in like, did I seem, like, super out of it? Like, was I, like did it register to you how, like, out of it I was like, after passing out and stuff or was I fine?"

Trevor Bauer 19:39

You seemed fine because, like when you would come to, I would be like, hey are you — we would talk, and it seemed like you were —

Lindsey Hill 19:46

Yeah.

Trevor Bauer 19:47

— like, you know, normal. I said, 'Are you OK? How are you doing?' You know, I would check on you and make sure that everything that we were doing was still fine because I never wanted to cross any boundaries with you. So I kept checking to make sure that, like, that what we were doing was, like, still OK. Because like at the end, like when you said the safe word like that, you know, my reaction there was like everything completely stopped as soon as you said that and I was like, Hey, are you OK like -

Lindsey Hill 20:20

Yeah

Trevor Bauer 20:21

That's why I want ,like — if at any time during that, during the night you asked me to stop or anything like that, that would have been my reaction. Because, again, like, it wasn't about me. It was about, like, trying to —

Lindsey Hill 20:36

Yeah I just, like, I don't remember you ever asking me if I was OK. So it's, like, and I know I'm confused because obviously with like a concussion, like, your head's pretty fucked up. I just don't remember. Yeah, I don't remember you asking me if I was OK. Um. But yeah, I mean I remember, like, after I was, like, crying and um, like, full trauma. I do remember you after, like, you know, like. Yeah, I know you stopped and stuff.

Trevor Bauer 21:09

How do we like, how do we go —

Lindsey Hill 21:16

What?

Trevor Bauer 21:16

— from here. How do we move forward from here? Can I, like, is there anything I can do to help or, like, wha? I'm trying to be here for you and get through this together. I don't, I don't want you to feel like you're, like, have to go through this alone. But I also don't want to feel, like, I don't want you to, like, not want to talk to me and have me continuously be, like, trying to talk to you and, like, so can you give me some direction on, like what what can I do to help you? And, like, what's the best way to go?

Lindsey Hill 21:53

Yeah, I mean, I think it's, like, this is a reason why I called you like again, like, you know, like it's hard for me. I'm not, like, the most vulnerable person or, like, I'm just, like, I just have to get the facts so I can, like, understand and, like, because of, like, the way the injuries went and just, like, seemed to me like you were, like, were like a little out of control and it, like, it did scare me.

22:16 Like, I was really scared, like, obviously based off my reaction. Like, you saw me after and, like, like I was scared in the hospital like so I'm just I'm just, like, trying to figure that out. But like, the best thing that, like, you could do to support me, yeah, was like this exact, like, phone call and just kind of, like, tell me, like, those things and for me to, like, express like how I felt about it. So, like, I do feel a lot better and I think yeah, like, just in the future it's, like, now you know that that, like, wasn't OK with me. And we just kind of, like yeah, I mean you know me like I try to like mask my shit with humor like I want to like go to like I just yeah, like, be ourselves and, like, this is this conversation really was, like, all I needed to, like, feel better personally, you know what I mean? So, like, thank you again for just saying all that and I know I asked you, like, a lot and you're probably exhausted and you have a game today, but know that's, like, the best thing you could do for me was just, like, be honest and tell me about those things.

So yeah, I mean I I, like, I said I feel better, like, how are you, like, how are you feeling?

Trevor Bauer 23:34

Like I'm, I'm worried and —

Lindsey Hill 23:40

About what? *laughs*

Trevor Bauer 23:43

You, and just making sure that... I'm upset I'm not in town right now so I can't, like, come see you if that's something that you wanted or try to help at all and, like, worried about you. I'm gonna have to process kinda like we talked about obviously, because again my impression or where my head was at is much different than where you're at so I'm just so, I'm worried about you. I just want to make sure you're OK. That's the biggest thing, you know?

Lindsey Hill 24:24

Yeah, and that does make me feel better. No, I like want you to, like, know how I'm doing and like, again, like, the concussion plays like a big role in this of how like, like shitty I feel and so, like, once I start feeling better, like, it'll be better. Like, these things get better. Um, OK, yeah, that's just my, like, being like, coming out of it. Like I just promised myself I would be like, OK, I need him to understand like, you so you know how hard you hit me based off the concussion then, and like, you know how hard it was?

Trevor Bauer 24:56

Yeah, like I didn't, yeah, that's just surprised me so much, like I didn't. Yeah, like, thank you for sharing that. I know it doesn't help, but, like, it's not something that will ever, like, happen again.

Lindsey Hill 25:21

Yeah, no, it does help me. Yeah, sorry. Keep talking.

Trevor Bauer 25:28

No I'm, like, it's not something that will ever happen again, like, I don't want you to worry about that. I know that, like, it's not as easy as that. You know, like, I know the words don't change your emotions, and which is why I'm struggling so much to like. And it's just, it's yeah, I just like I'm shocked that we ended up at this place. I just want to make sure you're OK. That's all.

Lindsey Hill 26:02

Yeah, no, that helps. I mean, I feel like, I got, like, it's so hard for me to say, like, these things since like, it is like, my natural coping mechanism is to just like, not talk about shit. Like, that's how I lived my life for so long. So like, I appreciate you letting me just like, express like, what I you know, like, did and didn't want and so yeah, I feel honestly like a lot better even if I don't sound like it right now. But like, like, it'll be a lot easier for me to like, talk to you now, um, and all that stuff. So, thanks, TB. And your Yoda GIF was cute yesterday.

Trevor Bauer 26:43

My what?

Lindsey Hill 26:43

Your little Yoda GIF or GIF however you say it.

Trevor Bauer 26:46

Oh, yeah, I was thinking about you.

Lindsey Hill 26:50

And then you had a killer game. What was it? 11 Ks?

Trevor Bauer 26:56

Yeah, it was it was an OK night, but obviously not as important as what's going on with us, so?

Lindsey Hill 27:04

Yes. OK. Well, what?

Trevor Bauer 27:09

Do you want me to continue to, like, check on you or do you want me to leave you alone? Just how do I?

Lindsey Hill 27:15

Yeah, no, I mean, yeah, no, I would love like, obviously, you're important to me. So I would love for you to check in. If I don't reply. It's honestly because I'm sleeping or like trying to figure my life out. But mostly, I'm just sleeping all the time. So um no, yeah, I want to talk to you. And I'm grateful for you. And, like, I can't tell you how much it means that you just like, were able to, like talk to me, because I know not everyone would. So you gave me, like, the best gift that you could give me.

Trevor Bauer 27:48

Please, like, if I can help anyway, you can reach out, you know, like

Lindsey Hill 27:55

I will and I will -

Trevor Bauer 27:56

I'm trying to be here for you, you know.

Lindsey Hill 27:58

Yeah. And it means a lot and like thank you for acknowledging like what you did and you made me feel a lot better.

Trevor Bauer 28:07

I hope you have a better day and I'll talk to you soon, okay?

Lindsey Hill 28:10

Okay. Have good, have a good game tonight.

Trevor Bauer 28:13

Okay, I'll do.

Lindsey Hill 28:14

Okay. Bye, Trev.

Trevor Bauer 28:18

Bye.