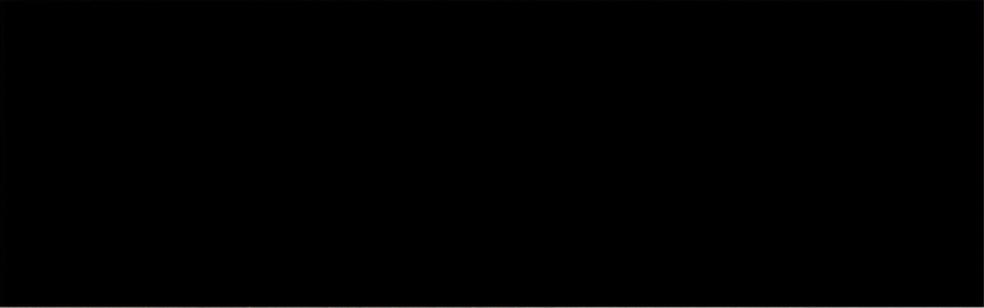
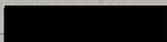


30APR23

BRITTANY,

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- NOT SURE WHEN YOU WILL GET THIS DUE TO GOLDEN WEEK, HOPEFULLY SOONER RATHER THAN LATER. I'M NOT DOING THAT GOOD. THE WALLS AND BARS SEEM TO BE MAKING MY CELL EVEN SMALLER AS OF LATE. I FEEL LIKE ALL THE EFFORT TO HELP ME MIGHT BE BETTER SPENT ON SOMEONE ELSE. I GET SICK TO MY STOMACH THINKING ABOUT WHETHER 30 MIN MEETINGS THROUGH A WINDOW IS HELPING OR HURTING THE KIDS & YOU. I WONDER IF THE BEST THING FOR OUR FAMILY IS FOR YOU TO FOCUS 100% ON THE KIDS AND JUST LET ME ROT IN HERE UNTIL I CAN REJOIN THE FAMILY. ANY THOUGHTS?
 - PECK & PACHECO CAME TO SEE ME WITH JAKE ON FRIDAY. BIG ITEMS WERE PROMOTION HOLD NOTICE & FITREPS. 
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WE ALSO DISCUSSED POTENTIAL ADMIN ACTION AGAINST ME, AND I GUESS NOTHING HAS BEEN DECIDEN. IT IS HARD TO FATHOM HAVING TO GO THROUGH ANOTHER SET OF HEARINGS AFTER THIS IS ALL DONE. MY PATIENCE IS ALREADY PAPER THIN AS IT IS. ONE OF MY FAVORITE THINGS ABOUT THE NAVY WAS BEING A PART OF SOMETHING BIGGER THAN MYSELF. THERE IS NONE OF THAT HERE. I FEEL WORTHLESS, I LOVED HAVING THE NEXT THING TO STUDY FOR/PREPARE FOR IN MY CAREER PROGRESSION, AND THERE IS NOTHING I CAN DO TO HELP CHALLENGE MYSELF INTELLECTUALLY IN HERE. I WAS ASSUMED THAT STUDYING FOR THE BAR ISNT A VIABLE OPTION. I THINK THAT WOULD HAVE HELPED. I USED TO ALWAYS TRY AND BE A STEP AHEAD, BUT NOW I DONT EVEN KNOW WHERE TO GO OR WHAT TO DO. SO MUCH OF WHAT WE DO HERE IS DESIGNED IN A WAY TO LIMIT EMOTION. NO TALKING, CANT EXERCISE TOO MUCH, ETC. IT HAS SUCKEN THE HAPPINESS RIGHT OUT OF ME. I WAS EXCITED FOR THE SOFTBALL TOURNAMENT IN MAY, ONLY TO FIND OUT IT HAS BEEN CHANGED TO KICK BALL. ALTHOUGH A SILLY THING IT REALLY GOT TO ME. I NEVER FEEL GREAT PHYSICALLY DUE TO THE FOOD WE EAT AND THE LACK OF SLEEP, WHICH JUST MAGNIFIES ALL THE OTHER FEELINGS. I MISS MY BEEF STEAK TOMATOES AND CRUNCHY VEGGIES. RECENTLY ALOT OF THE PRISON LEADERSHIP HAS TRANSFERRED AND IT HAS HAD A SIGNIFICANT CHANGE ON THE OVERALL ENVIRONMENT HERE. I FEEL CLOSER TO AN ANIMAL THAN A HUMAN BEING NOW. JUST ANOTHER PRODUCT TO BE USHERED FROM PLACE TO PLACE, UNWORTHY

OF ANY TYPE OF TRUST OR RESPECT.

" I AM SORRY FOR DUMPING ON YOU, I QUITE LITERALLY HAVE NO ONE ELSE TO TALK TO. [REDACTED] TOLD ME IN HIS LETTER HE WAS PROUD OF ME. MY FIRST THOUGHT WAS, "WHY?" WHAT GOOD HAVE I DONE OVER THE LAST NINE MONTHS? I HAVE BEEN UNEMPLOYED, ABSENT FROM MY DUTIES AS A HUSBAND, FATHER AND AS A MEMBER OF SOCIETY. I HAVE READ A LOT OF BOOKS AND GOT A LITTLE STRONGER... BUT DO THOSE THINGS OVERTHROW MY INABILITY TO BE PRESENT FOR THOSE THAT LOVE AND NEED ME THE MOST? I DON'T THINK SO. I WAS HAPPY TO HEAR THAT JR. LEARNED TO RIDE A BIKE, AND DEVASTATED I WASN'T THERE FOR IT LIKE I WAS FOR HIS SISTERS. I WANT TO BE A GOOD DAD, BUT THESE WALLS KEEP ME FROM BEING ONE. I LOVED TALKING TO LUMINA THIS WEEK, IT WAS THE MOST COMFORTABLE I HAVE SEEN HER, AND SHE SEEMED SO HAPPY IN HER EGYPTIAN JEWELRY, I JUST WISH I COULD START GROWING TOMATOES WITH HER TOMORROW. I HAVE THIS FEELING LIKE THERE WILL BE NO HAPPY ENDING / GOOD NEWS ANYTIME SOON, AND I AM NOT SURE HOW MANY MORE TIMES I CAN STAND TO LOOK PECK IN THE EYE BEFORE I COMPLETELY LOSE IT. HIS FACE AND VOICE HAVE NOTHING BUT TERRIBLE MEMORIES ASSOCIATED WITH IT. I AM TIRED OF ALL THE REMINDERS OF PAST WOUNDS, BUT I DON'T THINK THOSE WILL EVER GO AWAY COMPLETELY. I JUST NEED SO DIRECTION & PURPOSE. IT KILLS ME THAT THE PRISON STRIFES PERSONAL GROWTH LIKE THEY DO.

I KNOW

THE PAST 2 YEARS AND ESPECIALLY THE LAST 9 MONTHS HAS BEEN HORRIFIC AND I HAVE NOT ALWAYS BEEN THE HUSBAND YOU DESERVE DURING THIS WHOLE CRISIS. I DO LOOK FORWARD TO BEING THE KIND OF MAN WORTHY OF YOU ONCE WE ARE BACK UNDER THE SAME ROOF AGAIN. I GET ALOT OF GREAT LETTERS FROM GREAT PEOPLE, BUT YOU WILL ALWAYS BE MY FAVORITE.

ALL OF THIS WOULD BE SO MUCH BETTER IF I COULD AT LEAST HEAR YOUR VOICE MORE OFTEN. IT TAKES SO LONG TO EARN EXTRA VISITS THAT IT IS IMPOSSIBLE TO DO SO WHICH IS DISHEARTENING. PUTTING SO MANY BARRIERS BETWEEN LOVED ONES AND INMATES SEEMS LIKE A GOOD WAY TO BOOST THE NUMBERS OF REOFFENDERS BUT WHAT DO I KNOW. DO THE KIDS GET ANYTHING POSITIVE OUT OF COMING TO SEE ME? THEY ARE SO YOUNG AND THERE ISN'T A ROADMAP FOR HOW TO DEAL WITH DAD BEING IN PRISON. I JUST WANT THEM TO BE THE BEST THEY CAN BE. I LOVE ALL 3 SO MUCH. I LOVE HOW THEY ARE ALL SO UNIQUE, BUT STILL FAMILY.

- LASTLY, THE NAVY [REDACTED] I WILL MISS IT THOUGH. I WILL MISS THE DIFFICULT TASKS, THE BONDS CREATED ON A SHIP AND SEEING PEOPLE BECOME MORE THAN THEY WERE. I WASN'T THE BEST, BUT DEF BETTER THAN MOST. I THINK (OR AT LEAST HOPE) THAT SOME WILL MISS ME, THAT SOME WILL SAY THAT I HELPED THEM BE BETTER. HOPEFULLY I CAN FIND SOMEWHERE ELSE TO BUILD A TEAM AND MAKE AN IMPACT. I JUST WISH THE NAVY WOULD HAVE STOOD BY ME, AT LEAST TO THE AMOUNT THAT POTUS AND VPOTUS HAVE. I DON'T THINK THAT IS TOO MUCH TO ASK. I LOVE YOU BRITANNY. I LOOK FORWARD TO BETTER DAYS AHEAD.

LOVE, JIMMY, SIR, DADDY