

**Age Group:** \_\_\_ 3-6 (Dr. Meyer primary) \_\_\_ 7-12 \_\_\_ 13-18 \_\_\_ 19-25

\_\_\_ Other Age (>27 may result in a referral)\*clinic does not generally accept patients above the age of 30\*

**Reason for Referral: (Choose As Many As Applicable)**

- Information on Gender Transitioning
- Guidance on Social Transitioning and Access to Resources
- Evaluation of Gender Dysphoria
- Exploration of Gender Identity and Gender Expression
- Evaluation Required for Insurance Purposes/Diagnosis Needed in order to start Hormone Therapy (HRT)
- Treatment Recommendations for Anxiety, Depression, Trauma, or Gender Associated Social Difficulties
- Family Support
- Parents Only
- Intellectual Disabilities or Complex Case Consultation (Dr. Meyer)
- Consultation with Gender Experienced Mental Health Provider
- Education Needs for Local Provider or School
- Letters for Surgery (18 +)
- Specifically: Medication Management Consultation (Dr. Lee)

*We provide gender related and gender dysphoria evaluations, emotional and psychoeducational support, anxiety or depression related short term interventions, and guidance to people who come to our clinic from within a gender affirmation care model. Typically we will meet for 1-3 sessions with some consultative follow ups. We can provide information on closer to home supports if requested. We work in an integrative care setting with our fellows in Endocrinology in the UNC Hospital. We also work closely with UNC Family Medicine and Piedmont Health providers. Once this referral is received our liaison personal will be in contact to schedule an appointment with you. We have three primary providers Drs. Meyer, Lee and Pflum. We look forward to your time in the UNC Gender Initiative Clinic.*

<https://www.med.unc.edu/psych/patient-care/child-adolescent/outpatient/gender-equality-psychiatry-clinic/>

**Please return the completed form to:**

**UNC Outpatient Psychiatry Clinic  
Attn: New Patient Coordinator  
77 Vilcom Center Drive, Suite 300  
Chapel Hill, NC 27514**

**Fax: 984-974-9646**