



Bollea, Terry
DOB: 8/11/53
DOS: 7/1/10

S- Visited Terry at his home in Belleair, FL, one day after having his 4th back surgery this year. Terry discussed all the reasons for all of his prior back surgeries. He has extensive DJD and lumbar stenosis extending from his C-spine to his coccyx. He has been evaluated by multiple specialists including spine docs who specialize in laser surgery and one from Montreal who performed his surger 6 weeks ago. Unfortunately, after his most resent surgery, he was still experiencing constant, unrelenting pain primarily in the left low back with radiation into the left leg. The pain was so intense that he was unable to stand up for more than 1 minute at a time. He described for me several injuries which he has suffered recently including a dislocated right hip at the hands of Ric Flair while wrestling in Austrailia 3 months ago. In order to wrestle now, he must do some elaborate stretching before entering the ring, place his left leg on the lower rope and hold on to the top rope with both hands for balance. Both hands are completely numb.

2 weeks ago he had a nerve block performed which demonstrated a bone spur at the level of L3-4 not previously identified. The bone spur is impinging on the spine bilaterally, but he is symptomatic primarily on the left. Therefore, the decision was made to remove the left sided bone spur yesterday, with the understanding that additional surgeries will ultimately be needed to minimize his pain.

When I saw him at 9 AM he was in minimal discomfort, but had been having difficulty sleeping for several days. His legs are constantly in spasm while he is asleep. He is taking no pain meds at this time or any other meds, because he feels that these are not working anyway.

We discussed some of his emotional and family issues during this 60 minute visit as well. A comprehensive exam was not performed.

O- Alert, oriented, happy and in no distress.

Gait- slightly slumped forward, slower than usual, but no ataxia noted.

Back- Bandage is noted on the left flank. Multiple arthroscopic scars all well healed are observed over the right dorsal spine.

A- Lumbar stenosis. Chronic pain.

P- 1) Will RX xanax 1 mg prn sleep # 60 called into wallgreens in Clearwater for him.

2) Arthrotec 75 mg 1 qd

3) Will discuss vitamin D 6000 IU daily

4) Will plan to meet with him again in 3 weeks when he comes to LA for some meetings


Jeff Unger, MD

JU/ju

Transcribed 7/3/10 in Rancho Cucamonga, CA, at 20:00