51 Benefits of Arts Education for Kids

Character & Personality

- Builds confidence
- Raises self-esteem
- Teaches perseverance
- Ignites inner motivation
- Benefits emotional development
- Develops a broader, more nuanced understanding of the world
- Gives rise to introspection and personal reflection
- Encourages exploration and experimentation
- Nurtures self-expression
- Trains healthy risk-taking

Brain & Mind

- Develops cognitive ability
- Increases creativity
- Improves decision making
- Raises IQ score
- Helps visual, spatial, and temporal reasoning
- Boosts concentration
- Builds up critical thinking
- Expands verbal skills
- Improves word decoding
- Encourages closer observation

Happiness & Wellbeing

- Improves wellbeing
- Inspires positivity
- May give rise to lifelong passion
- Nurtures self-discovery and personal meaning
- Increases civic engagement
- Reduces stress, anxiety, and depression
- Encourages relaxation

Social Skills

- Teaches collaboration
- Increases empathy
- Develops accountability
- Raises social tolerance
- Improves conflict resolution
- Encourages proactive participation
- Strengthens resilience to constructive criticism
- Benefits emotional regulation
- Promotes acceptance of new people and ideas

Academic Performance

- Raises academic achievement
- Helps with math
- Positively affects literacy
- Supports language skills
- Boosts creative writing
- Increases story comprehension
- Narrows achievement gap between rich and poor
- Correlates with increased attendance
- Improves behaviour
- Reduces chances of drop out
- Increases enrolment in higher education

Physical Development

- Develops fine motor skills
- Improves gross motor skills
- Refines eye-hand coordination
- Raises ability and confidence using tools and equipment

Learn More

We The Parents

WeTheParents.org/arts-education

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