



HARLEM COMMUNITY  
NEWSPAPERS, INC.

"GOOD NEWS YOU CAN USE"

The Harlem Community Newspapers, Inc. Connecting Harlem, Queens, Brooklyn and The Bronx

COMMUNITY  
**HARLEM NEWS**

"Good News You Can Use"

Vol. 26 No. 18

May 6, 2021 – May 12, 2021

FREE



**Immunologist Dr. Kizzmekia "Kizzy" Corbett honored by NAN**

see page 15



**Mother's Day Second Sunday in May**

see page 4



**'Judas and the Black Messiah' wins Oscars for Daniel Kaluuya & H.E.R.; Chloé Zhao's wins first-ever Best Director for woman of color**

see page 10



**Eugenia Foxworth  
Elected President of The  
International Federation  
of Real Estate.USA** see page 14

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## OUR MISSION STATEMENT

The Harlem Community Newspapers, Inc. will publish positive news and information. Our mission is to deliver “good” and informative news to our readers focusing on health, education, housing, business and employment opportunities. We look for and publish results, not problems. We promote businesses, opportunities and events happening in the communities we serve. We are dedicated to providing our readers with valuable information they can use to improve the quality of life for themselves, their families and our communities.

## HARLEM COMMUNITY NEWS BROOKLYN COMMUNITY NEWS BRONX COMMUNITY NEWS QUEENS COMMUNITY NEWS

Free copies distributed in your community weekly

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PAT STEVENSON

### GOOD NEWS YOU CAN USE!

Congratulations to Eugenia Foxworth, who was sworn in this past weekend on May 1, 2021 as the newly elected President of International Federation of Real Estate for the United States (aka FIABCI-USA). She is the first African-American to be appointed to that role. I know Eugenia as a knowledgeable real estate broker based in Harlem. She is also known in the community as a business woman who cares about Harlem and is a generous donor to non-profit organizations. Eugenia is also on the board of the Women Chamber of Commerce and advisory board for Women In the Black. She devotes a lot of time to assisting other women-owned businesses in the Harlem community. Thank you Eugenia for being a great business citizen in Harlem and for your appointment to this prestigious international position. (see page 14)

Sunday is Mother’s Day. Columnist Hazel Smith gives us the history of the origin of “Mother’s Day” in the United States. I have been blessed with a mother who turns 90 this year and two step-mothers who are still here and part of my life. I also have several aunts I have to buy cards for. Or I should say I am privileged to be blessed with so many strong Black women who are still in my life. This is a time when I remember my two grandmothers who were very strong influencers on who I am today, along with my aunt Sallie who was more like a mother to me. I am also blessed to have raised one son. Happy Mother’s Day to all the mothers. (see page 4)

You can visit our website to see past issues, columnist archive articles, past videos, current events, advertising and subscription information, etc. at www.harlemcommunitynews.com. We are also on Instagram and Facebook.

**Pat Stevenson  
Celebrating  
25 years  
Publishing**

# RANKED CHOICE VOTING IS HERE!

Education and Information for greater Participation  
**Primary Voting Dates**

**EARLY VOTING**  
 Saturday, June 12, 2021 – Sunday, June 20, 2021

**PRIMARY ELECTION DATE**  
 Tuesday, June 22, 2021

Absentee Ballots can be requested now from the Board of Elections. June 15 is last day to request an Absent Ballot; must be postmarked or delivered to the Board of Elections by June 22.

You can now rank up to five candidates in order of preference.

Mayor, Comptroller, Public Advocate, Borough President and Councilmember  
 District Attorney position is not in Ranked Choice.

## WHEN WE VOTE, WE WIN!



### LEARN HOW TO VOTE

**DON'T BE CONFUSED – THE BALLOT WILL LOOK DIFFERENT**

Education and Information for greater Participation

**Step 1:** Pick your 1st choice candidate and fill in the oval next to their name under the first column. Do not fill in any other ovals under the 1st choice column.

**Step 2:** If you have a 2nd choice candidate, fill in the oval next to their name under the 2nd choice column. Do not fill in any other ovals under the 2nd choice column

**Step 3:** You can rank up to five choices in the same way

You can still vote for just one candidate if you prefer, but if that candidate doesn't come in first, you will lose the opportunity for your 2nd choice candidate to move up to 1st.

	1	2	3	4	5
CANDIDATE A	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
CANDIDATE B	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
CANDIDATE C	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
CANDIDATE D	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
CANDIDATE E	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

Ranked Choice Voting allows you to rank up to five candidates in order of preference, instead of choosing just one. You can still vote for just one candidate if you prefer.

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## Mother's Day Second Sunday in May

By Hazel Rosetta Smith



duce the idea.

Jarvis campaigned to establish Mother's Day as a U.S. national holiday and then later as an international holiday, which was declared officially by the state of West Virginia in 1910, and numerous other states quickly picked up the banner.

In 1912 Anna Jarvis trademarked the phrases *Second Sunday in May* and *Mother's Day*. She specifically noted that it must be the singular possessive "Mother's" so that each family would honor its own mother.

On May 8, 1914, the U.S. Congress passed a law designating the second Sunday in May as Mother's Day. President Franklin D. Roosevelt in later years approved a stamp commemorating the holiday.

Traditions on Mother's Day include church and fam-



ily dinners. Mother's Day is the third largest holiday in the United States for sending cards according to the greeting card industry estimation that more than 50 percent of American households purchase and send greeting cards in time for the special day.

A custom began of wearing a carnation on Mother's Day by Anna Jarvis because it was her mother's favorite flower. Jarvis delivered 500 white carnations at the first celebration in 1908. Florists

later expanded the idea of wearing a *pink* carnation if your mother was living, or a *white* carnation if she was no longer living. The color of the carnation revealed the unspoken circumstance.

Many religious services adopted the custom of giving one long stemmed flower to every mother in the church on Mother's Day. However, floral arrangements of any sort have become appropriate to show love for mother on her day.

With no disrespect to fathers and the men who often take their place, mothers are the glue of the Black family. Whether it is Mama or Big Mama raising children by herself or whenever possible with help from the village, they had to take care of business and hold it together in phenomenal ways with little means.

We cannot deny their strength and conviction, and most of all, we cannot downplay their faith. It was the God in mama back then that kept her strong and able to conquer forces of disparities on all levels. It is the source of that same force that is keeping our mothers today.

If you are grieving as this Mother's Day draws near, it is my hope that precious memories will bless your heart and love will find a way to comfort your spirit on Mother's Day. If mama is somewhere far or near and you cannot get there, it is my hope that your call will

make it through or perhaps you can set up a face-to-face family zoom.

Send a store-bought card that states your feelings or create one of your own. Have a bouquet delivered with a family picture attached. Whatever you chose to do, remember Mother's Day is not about you. Mama will love whatever it turns out to be and she will appreciate your effort to make it a memorable day. You can put a smile on your mother's face if you can let happy be where sadness was.

[Hazel Rosetta Smith is a journalist, playwright, and artistic director for Help Somebody Theatrical Ministries with a portfolio of plays and HRS Speaks! Retired former Woman's Editor and Managing Editor of the New York Beacon News and current columnist for Harlem Community News, Inc. Contact: [misshazel@twc.com](mailto:misshazel@twc.com)]

## Giving a Gift With Meaning This Mother's Day

(Statepoint)

In today's world, intimacy can sometimes be sacrificed for immediacy. We often send texts or emails, rather than hand writing letters, cards or notes.

However, handwritten notes are a beautiful way to capture meaningful moments and create something tangible that goes beyond the digital. In the past, writing by hand was an integral part of daily life -- letters were written to soldiers overseas, travel journals and diaries were kept, and cards were sent to celebrate birthdays. Today, we have to be much more intentional about crafting these hand-

made mementos.

This year for Mother's Day, get inspired by the art of handwritten communication and celebrate Mom with one of these lasting keepsakes:

- Tap into Nostalgia: Does your mom still have your kindergarten macaroni art or hand-drawn valentines lovingly tucked away in a drawer? Take her for a sweet trip down memory lane by compiling a scrapbook or memory box of your childhood masterpieces. Make sure to include a handwritten note from the present day for a heartfelt finishing touch.

- Feed Mom's Soul: Preparing food and sharing meals is one of the most common ways families

connect. If your mom has a collection of handwritten recipe cards, consider binding them into a cookbook, complete with a title page inscription from her favorite kitchen helper (you!). Not only will it make her feel like an accomplished chef, it'll preserve these treasured treats for the next generation of kids and grandkids to enjoy.

- Capture the Everyday: The first step to preserving treasured memories is to record them. Gift your mom some stunning stationery, a sturdy leather-bound journal or even high-quality card stock and encourage her to do some writing of her own. Journaling is proven to be an effective tool for relaxation and self-reflec-



tion. For moms who give so much of themselves to their families, a lovely journal might be a welcome invitation to spend some

much-needed time with herself. Pair your gift with a smooth-writing, long-lasting gel ink pen, like the G2 from Pilot, to ensure Mom's

words flow as effortlessly as her love.

- Give Mom the Ultimate Upgrade: Complete Mom's gift and make sure she's ready for any writing task with a Decimo fountain pen. The slimmer barreled cousin to Pilot's classic Vanishing Point fountain pen features a unique, retractable design and a rhodium plated 18K gold writing nib that is as durable as it is sophisticated.

However you celebrate Mom this year, be sure to skip the e-card and hand-write something from the heart, instead.

By embracing the art of the written word, you can create lifelong memories and treasured heirlooms this Mother's Day.

# Representative Adriano Espaillat Encourages Restaurants to Pre-Register for American Rescue Plan Relief for Restaurants

**U.S. Representative Adriano Espaillat (NY-13)** announced that restaurants in New York’s 13th congressional district can apply for direct relief through the Restaurant Revitalization Fund beginning Monday, May 3rd. Applicants can register on the U.S. Small Business Administration application portal.

The \$28.6 billion Restaurant Revitalization Fund was created by the American Rescue Plan that **Rep. Espaillat** helped pass last month. The law incorporated key provisions from the RESTAURANTS Act, which **Rep. Espaillat** also co-sponsored in the previous Congress.

“Independent restaurants of my district are the cornerstone of our community, and it remains critical that we support their recovery along our journey to reopen following the devastation brought on by the pandemic,” **said Rep. Espaillat**. “I am proud that we passed direct relief for local businesses and specifically for our restaurants as part of the American Rescue Plan. We are truly united together and the comeback of our restaurant and hospitality businesses is an important key to our efforts to rebuild, repair and recover.”

The Restaurant Revitalization Fund will provide restaurants and other eligible businesses with funding equal to their pandemic-related revenue loss up to \$10 million per business. The relief does not have to



be repaid, provided that the funds are put toward eligible uses by March 11, 2023.

- Visit [SBA.gov/restaurants](https://sba.gov/restaurants) for more information.

The Restaurant Revitalization Fund application portal can be accessed at <https://restaurants.sba.gov/requests/borrower/login/>. Participating POS providers include Square, Toast, Clover, NCR Corporation (Aloha). Entities that work with Square or Toast, you do not need to register beforehand on the portal.

Entities eligible to apply:

- Restaurants
- Food stands, food trucks, food carts
- Caterers
- Bars, saloons, lounges, taverns
- Snack and nonalcoholic beverage bars
- Bakeries (onsite sales to the public comprise at least 33% of gross receipts)
- Brewpubs, tasting rooms, taprooms (onsite sales to the public comprise at least 33% of gross receipts)
- Breweries and/or microbreweries (onsite sales to the public comprise at least 33% of gross receipts)
- Wineries and distilleries (onsite sales to the public comprise at least 33% of gross receipts)

- Inns (onsite sales of food and beverage to the public comprise at least 33% of gross receipts)

- Licensed facilities or premises of a beverage alcohol producer where the public may taste, sample, or purchase products

Representative Espaillat is the first Dominican American to serve in the U.S. House of Representatives and his congressional district includes Harlem, East Harlem, West Harlem, Hamilton Heights, Washington Heights, Inwood, Marble Hill and the northwest Bronx. First elected to Congress in 2016, Representative Espaillat is serving his third term in Congress. Representative Espaillat currently serves as a member of the influential U.S. House Committee on Appropriations responsible for funding the federal government’s vital activities. He is also a member of the Congressional Hispanic Caucus (CHC), where he serves as the Second Vice Chair and is a member of the Congressional Progressive Caucus, where he serves as Deputy Whip. Representative Espaillat also currently serves as a Senior Whip of the Democratic Caucus. To find out more about Rep. Espaillat, visit online at <https://espaillat.house.gov/>.



Go to [womenintheblack.org](https://womenintheblack.org) to register and for more info

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Join Women In The Black - Business Women, Health & Wellness

Date	Time	Topic	Guest/Content
May 11	12:00 pm to 1:00 pm	Grief and Depression	She Hurts, She Cries but You Can't See the Depression in Her Eyes
May 18	12:00 pm to 1:00 pm	Overwhelmed and Feeling Guilty	What's Best for You? Guilt-free Living
May 25	12:00 pm to 1:00 pm	Domestic Violence	Break the Silence on Abuse and Violence
Jun 15	12:00 pm to 1:00 pm	Sleep Disorders	Better Sleep for a Better Life
Sep 14	12:00 pm to 1:00 pm	Racism Bias and Its Effects	Black Lives Really Matter – Racism Can't Win
Oct 12	12:00 pm to 1:00 pm	Gender Bias and Its Effects	See Me, Respect Me
Nov 9	12:00 pm to 1:00 pm	Stigmas and Suicide	From the Edge to a Safe Space: How to Ask for Help
Nov 16	12:00 pm to 1:00 pm	Recovery Resilience	The Comeback Is Stronger than the Setback

# Chauvin Is Guilty. Our Work Is Cut Out for Us.

By Ben Jealous

Just a few days have passed since Derek Chauvin's conviction in the murder of George Floyd. But the images from that moment are seared in our memories forever: the murderer, led away in handcuffs. The Floyd family, Philonise Floyd speaking through tears, at the microphones after the verdict. The crowds outside the courthouse erupting in cheers when the verdict was read.

Our gratitude for this measure of accountability is soul-deep. And now we ask ourselves, will things really be different this time? The answer is that they can be, if we seize this moment.

Washington has sent encouraging signs that it is serious about addressing police violence and systemic racism. Congress should pass the imperfect but important George Floyd Justice in Policing Act. The Justice Department is forging ahead with investigations of police departments in Minneapolis and Louisville, and the shooting of Anthony Brown in North Carolina.



We have work to do in our own neighborhoods, too.

Policing is a local function, controlled by city, county and state governments. These governments answer directly to us, the citizens. And there is a lot we can do to insist on change.

One of the most inspiring examples today is in Ithaca, New York, a college town led by a dynamic young Black mayor. There, Mayor Svante Myrick and the city council approved a plan to do away with their traditional police department and replace it with a new Department of Community Solutions and Public Safety, in which some personnel would carry weapons – and, importantly, some would not.

Instead, unarmed social workers would respond to

the many calls in which an armed response is unnecessary and even dangerous. The new department will have a civilian supervisor. It will focus on de-escalating situations in which people are at risk, and restoring trust among the city's communities of color, homeless residents, LGBTQ residents and residents with disabilities.

The plan came together with input from local residents as well as city and county officials. It is the kind of innovative thinking we want in communities across the nation, and the energy around the Chauvin trial helped get it over the finish line.

We all can harness that energy where we live. Our year of speaking out and taking to the streets will serve us well; we can organize, and demonstrate, and show up in the places where local lawmakers meet to do their work. We can contact our local representatives directly; they might live next door or down the street.

And while the task of changing thousands of police departments, one by one, seems huge, think of

this: more than half of Black Americans live in 25 metropolitan areas. We can get serious about saving Black lives by starting in those metro areas. And we can build a movement that inspires others to act.

One of the most emotional moments after George Floyd's murder last year came when his daughter Gianna, then six, said, "Daddy changed the world." If we want her to be right in the long run, we can do our part to make her words come true. And each of us can start right here at home.

*Ben Jealous serves as president of People For the American Way and People For the American Way Foundation. Jealous has decades of experience as a leader, coalition builder, campaigner for social justice and seasoned nonprofit executive. In 2008, he was chosen as the youngest-ever president and CEO of the NAACP. He is a graduate of Columbia University and Oxford, where he was a Rhodes Scholar, and he has taught at Princeton and the University of Pennsylvania.*



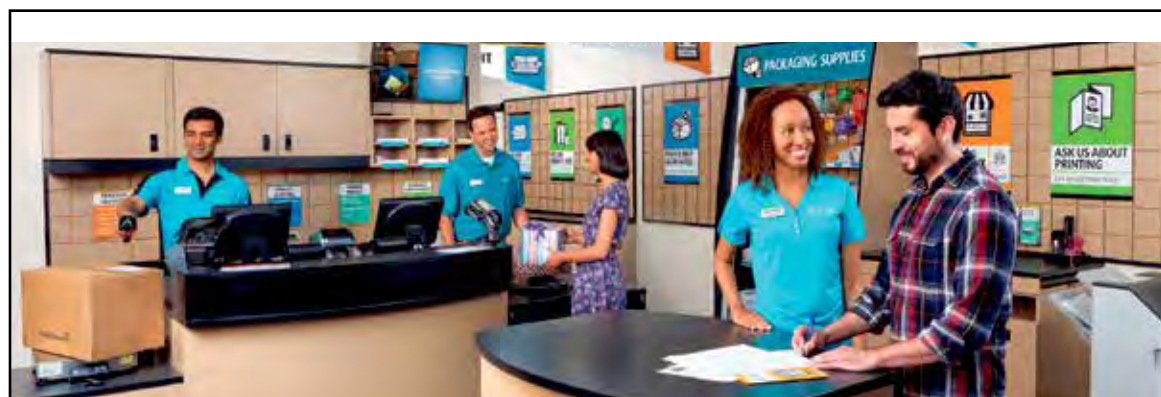
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# Home Buying in Harlem Be Prepared to Buy Now

Rev. Dr. Charles Butler

When preparing to apply for a mortgage there are some common mistakes prospective first-time home buyers need to avoid. These mistakes can prevent you from successfully completing the closing process and missing out on the purchase of your home. A recent conversation several loan officers shared with me some horrible mistakes made by prospective buyers that have caused their mortgage applications to be denied towards the very end of the application process.



or more. Opening a new account will also increase your total credit utilization amount (potential additional debt) which could be viewed unfavorably liability while being considered for a mortgage.

(2) Never make any additional large purchases until after you have closed on the purchase of your property. Every time you make a purchase your debt to income ratio (DTI) will be affected. If your DTI exceeds 43% you can be denied a mortgage. Remember the bank will calculate your DTI based on your monthly gross income, but you live on your monthly net income which is roughly about 35% lower. You want a mortgage payment that you can comfortably afford.

(3) If possible do not change

jobs or vocational careers until after you have closed on your home. Lenders want to see a minimum of 24 consecutive months of work history. If you have changed careers you will need 24 months in the new position before getting approval for your mortgage. Lenders have been more flexible because of the COVID pandemic but will verify your employment throughout the application process.

(4) Above all, never, ever co-sign for a friend or a relative before completing the mortgage process. By co-signing you are assuming the debt for your friend's purchase and now you have placed your mortgage application in jeopardy of not being approved. These mistakes would not be so detrimental except when applying for a mortgage process. Then, they can be so devastating that your mortgage application can be denied, causing you to miss completing purchase of your home. Do not lose sight of your goal that you have been working so hard to achieve.

If you are interested in attending the workshop or have questions regarding the home buying process contact Rev. Dr. Charles Butler at (212) 281 4887 ext. 231or email at [cbutler@hcci.org](mailto:cbutler@hcci.org).

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**Now you can rank up to 5 candidates**

- Vote for your favorite candidate by filling in the oval next to their name under the "1st Choice" column.
- If you have a 2nd choice, fill in the oval next to their name under the "2nd Choice" column.
- You may continue this process for up to 5 candidates.
- You do not have to choose 5

- Mayor
- Public Advocate
- Comptroller
- Borough President
- City Council

• Early Voting: June 12-20  
• Election Day: June 22

More Info: [VOTE.NYC](http://VOTE.NYC)  
866-VOTE-NYC (866-868-3692)  
TTY: 212-487-5496

# HARLEM CALENDAR OF COMMUNITY EVENTS

**May 6-9 All Day  
Ours to Heal**

In an examination of the American health-care system, Ours To Heal gathers together films that explore the concepts, actions and institutions involved with caring for and healing people both within and outside of dominant Western practices. Drawing inspiration from the feminist and economic thought of Angela Davis, this series connects how we care for, conceptualize, determine to heal and politicize the human body especially as imbued with the weighted concepts of Blackness, womanhood, and labor. Online at [maysles.org](http://maysles.org) FREE.

**Now Until May 13  
Dope is Death**

DOPE IS DEATH is the story of how Dr. Mutulu Shakur, stepfather of Tupac Shakur, along with fellow Black Panthers and the Young Lords, combined community health with radical politics to create the first acupuncture detoxification program in America in 1973

- a visionary project eventually deemed too dangerous to exist in America. Watch this film online at [maysles.org](http://maysles.org) \$10

**May 6-10  
8:00pm-6:00pm  
Nasheen Waits Trio**

Nasheet Waits, Antoine Roney, and Marcos Varela in Performance & Discussion. Suggested minimum donation is \$5. Donations go towards funding artist fees. Arts for Art's On\_Line Salon series features live streaming FREE Jazz performances and conversations. Online at [eventbrite.com](http://eventbrite.com)

**May 6 5:30pm  
Revisiting the Harlem Renaissance: Visual Arts and Black Design**

In 1940, Alain Locke dedicated *The Negro in Art* to his mother "in gratitude for a sense of beauty that included our racial own." The New Negro movement in the visual arts, which he had been advancing for over a decade, reveals Locke's particular views of the role African and African American art played in a burgeoning catharsis

of consciousness and respect for Black life. Following a presentation on Locke's pursuit of this agenda with such artists as Richmond Barthé, Aaron Douglas, and Augusta Savage, Jeffrey C. Stewart will be joined by artist and art historian Margaret Rose Vendryes to discuss the challenges artists faced in furthering Locke's aesthetic philosophy and its resonance with today's Black and Queer visual artists. Mcny. org \$15 and up.

**May 6 1:00pm  
Ari Melenciano x  
Legacy Russell**

Join for the next *Studio LIVE* program featuring Ari Melenciano. During the program, Melenciano will sit in conversation with Legacy Russell, Associate Curator, Exhibitions to discuss intersections across the African diaspora as empowered technologies in and of themselves as well as the social impact of new media practice on arts and culture. The pair will also explore what the "future" can look like through the lens of Black radical imagination, an urgent question as it comes up against ongoing discourse framed by Afro Pessimism thought and methodology. Watch for FREE on the Studio Museum's Instagram.

**May 6 6:30-8:00pm  
Sounds of Freedom:  
The Music of  
Black Liberation**

Black music has been a powerful force, expressing joy, pain, and speaking truths to a global audience. In this program, look more deeply into the history and politics of Black music through examining the career of singer, actor and activist Paul Robeson, discussing the music of the Black Power movement, and by exploring the trajectory of the iconic 1990's hip hop group, A Tribe Called Quest. Online for FREE at [eventbrite.com](http://eventbrite.com)

**May 10 6:30pm  
All You Need to Know  
About the Music Business**

Please join the Harlem Talent Webinar series as they present "All You Need to Know About the



music of black liberation (May 6)

Music Business" and submit a MP3 single to enter to win a single distribution deal. Send the MP3 demo to [harlemtalentinitiative@gmail.com](mailto:harlemtalentinitiative@gmail.com) register at [eventbrite.com](http://eventbrite.com) FREE.

**May 11-14  
8:00-6:00pm  
Whit Dickey Quartet**

Whit Dickey, Rob Brown, Mat Maneri, and Brandon Lopez in Performance & Discussion. Suggested minimum donation is \$5. Donations go towards funding artist fees. Arts for Art's On\_Line Salon series features live streaming FREE Jazz performances and conversations. Online at [eventbrite.com](http://eventbrite.com)

**May 11 7:00pm  
Jazz &...Amsterdam**

Join for pt. 2 of their Roots and Routes Gala Series as they travel to Amsterdam to explore the past, present and future of jazz in their sister city across the pond. This show will feature three bands, each with a different approach to music: SMANDEM, Benjamin Herman Trio ft. Oscar Jan Hoogland, and Fuensanta Méndez Ensemble Grande. Following the performance, they will have a panel discussion with the musicians discussing the theme of Roots and Routes of jazz in their community. This event is presented on the National Jazz Museum in Harlem's FACEBOOK and YOUTUBE page. FREE.



draw now online! (May 12)



Ari Melenciano x Legacy Russell (May 6)



Nasheen Waits trio (May 6-10)

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# 'The Underground Railroad' Premieres on Amazon Prime Video

By Audrey J. Bernard



Amazon Prime Video will finally release for streaming the highly anticipated Amazon Original limited series "The Underground Railroad" from Academy Award winner Barry Jenkins, which will premiere all episodes on May 14 exclusively on Prime Video in more than 240 countries and territories worldwide. This unprecedented look back at Black history is amazing on all counts and will leave viewers entranced by the tenacious plight of slaves fighting for their freedom no matter what! "The Underground Railroad" is a phenomenal story brilliantly directed by Jenkins who



Pulitzer Prize-winning novelist Colson Whitehead



Academy Award-winning Director Barry Jenkins



Thuso Mbedu



Joel Edgerton



Scene from "The Underground Railroad"

brings magic to Whitehead's provocative words that will live free in your head long after you view it. The 10-episode limited series is based on the Pulitzer Prize-winning novel by Colson Whitehead; and just like "Hamilton" is must-see theatre – "The Underground Railroad" is must-see TV!

### About The Underground Railroad

SYNOPSIS: "The Underground Railroad" chronicles Cora Randall's (newcomer Thuso Mbedu) desperate bid for freedom in the antebellum

South. After escaping a Georgia plantation for the rumored Underground Railroad, Cora discovers no mere metaphor, but an actual railroad full of engineers and conductors, and a secret network of tracks and tunnels beneath the Southern soil. Over the course of her journey, Cora is pursued by Ridgeway (Joel Edgerton), a bounty hunter who is fixated on bringing her back to the plantation she escaped; especially since her mother Mabel is the only one he has never caught. As she travels from state to

state, Cora contends with the legacy of the mother that left her behind and her own struggles to realize a life she never thought was possible.

ASSETS: "The Underground Railroad" stars Thuso Mbedu, Chase W. Dillon and Joel Edgerton. Aaron Pierre, William Jackson Harper, Sheila Atim, Amber Gray, Peter De Jersey, Chukwudi Iwuji, Damon Herriman, Lily Rabe, Irone Singleton, Mychal-Bella Bowman, Marcus "MJ" Gladney, Jr., Will Poulter and Peter Mullan round out the cast.



William Jackson Harper



Barry Jenkins (center) directs scene from 'The Underground Railroad'

CREDITS: From Academy Award winner Barry Jenkins and based on the Pulitzer Prize winning novel by Colson Whitehead, comes "The Underground Railroad." Jenkins serves as showrunner and directs all ten episodes of the limited series. He executive

produces alongside Adele Romanski, Mark Ceryak, Dede Gardner, Jeremy Kleiner, Brad Pitt, Richard Heus, Jacqueline Hoyt and Colson Whitehead. "The Underground Railroad" is a production of Plan B, Pastel and Big Indie with Amazon Studios.

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# AUDREY'S SOCIETY WHIRL

*'Judas and the Black Messiah' wins Oscars for Daniel Kaluuya & H.E.R.; Chloé Zhao's wins first-ever Best Director for woman of color*



By Audrey J. Bernard  
Society Editor

The 93<sup>rd</sup> annual Academy Awards ceremony, presented by the Academy of Motion Picture Arts and Sciences (AMPAS), took place on Sunday, April 25, 2021, sans hosts. The event honored the best films of 2020 and early 2021 and Black efficacy continues to make strides in Hollywood! The historic event took place overnight across two sites – Union Station in downtown Los Angeles and the Oscars' usual home of the Dolby Theatre in Hollywood – and practiced strict social protocol. Gone was the usual glitz and extravagant productions. In its place – tables distanced 6 feet apart with guests wearing stunning cocktail attire topped of with blinged out masks. Music spun by Questlove replaced the traditional orchestra and had guests grooving in their seats and strutting to the stage to hot music to accept their Oscar.

This year's star-studded event was more inclusive than ever with Blacks garnering nomina-



Daniel Kaluuya wins his first Oscar for Best Supporting Actor for "Judas and the Black Messiah"



(L-R) Tiara Thomas, H.E.R. and Dernst Emile II accept the Oscar for Best Original Song for "Fight For You" from "Judas and the Black Messiah"



(L-R) Mia Neal, Jamika Wilson & Sergio Lopez Rivera win Oscars for Hairstyles & Makeup for "Ma Rainey's Black Bottoms"

tions in many categories and bringing home the Oscar trophy with major wins. "Judas and the Black Messiah" won 2 Oscars: Daniel Kaluuya, Best Supporting Actor, H.E.R., and Best Original Song. "Ma Rainey's Black Bottom" won 2 Oscars: Best Hair & Makeup (Mia Neal, Jamika Wilson & Sergio Lopez Rivera); and Best Costume Oscar (Ann Roth). "Soul" also won 2 Oscars: Best Original Score and Best Animated Feature, which is also Pixar's first film to feature a Black character in the lead (Jon Batiste).

In addition, Chloé Zhao made history as being the first-ever Asian woman of color to win the Best Director Oscar for the film "Nomadland," which also won top prize of the night, Best Picture and Best Actress for Frances McDormand. Yuh-Jung Youn was the first Korean performer to win the Best Supporting Actress Oscar for her work in Lee Isaac Chung's "Minari." The biggest upset was Anthony Hopkins winning the Best Actor Oscar over the late Chadwick



Director Chloé Zhao makes history as first woman of color to win Best Director actor for "Nomadland"



Tyler Perry received the Jean Hersholt Humanitarian Award



Viola Davis



Angela Bassett



Regina King



Zendaya

Boseman who was the front runner after having won the Critics Choice, Golden Globes and Screen Actors Guild awards this year. One of the highlights of the evening was the presenta-

tion of the Jean Hersholt Humanitarian Award to Tyler Perry by Viola Davis for feeding and helping people during the pandemic.

This was one of the most glamorous events of

this year and the fashion did not disappoint. The ladies were amazingly chic from head to toe and the men held their own in black tie attire. The A-1 line-up of presenters in-

cluded: Angela Bassett, Brad Pitt, Halle Berry, Regina King, Harrison Ford, Reese Witherspoon, Rene Zellweger, Andra Day, Joaquin Phoenix, and many more. (Getty Images)



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# Tips to Pay for College This Fall

**(Statepoint)**

What does paying for college during life's "new normal" and current economic climate look like? A new survey highlights parent plans and concerns regarding the upcoming 2021-2022 school year.

The College Ave Student Loans survey of parents of undergraduate students conducted by Barnes & Noble College Insights found that of those planning to help their child pay for college, 52% said the pandemic will make it more difficult to pay this fall and 45% said it's changed how they plan to pay, with 51% using more savings, 45% borrowing more in student loans, and 27% taking out a parent loan.

Despite new challenges, the commitment to higher education remains steadfast: 93% of families agree obtaining a college degree is more important than ever.

"The pandemic has presented new obstacles, yet as this survey highlights, families are incredibly resilient and determined to help their child obtain a higher education," says Angela Colatriano, chief marketing officer of College Ave Student Loans.



PHOTO SOURCE: (c) Todd Warnock / iStock via Getty Images Plus

If higher education costs are on the horizon for you, the survey results suggest keeping these tips in mind:

- Anticipate spending more. Parents across the board reported college expenses being more than they expected, including college tuition and fees (81%), room and board/rent and food (77%), school activities and fees (61%) and books and supplies (57%). Plan and budget accordingly.

- Plan to use multiple sources. While 78% of parents put money aside for their child's education, only 17% said savings could cover the full cost. Be prepared to look at a variety of

funding sources.

- Maximize financial aid. Complete the FAFSA (Free Application for Federal Student Aid) every year your child attends college. This important form is the gateway to scholarships, grants, work-study and federal student loans. If your financial situation has substantially changed since last year, reach out to your school's financial aid office for help and resources.

- Search for scholarships. Grants and scholarships were the top method used to pay for college, ahead of parent savings and income. One easy one to consider is the \$1,000 monthly scholarship sweep-

stakes from College Ave.

- Tune up your credit. Of those surveyed, 53% plan to use student loans and 26% plan to use parent loans. Get a copy of your credit re-

port and review your credit score, particularly if you think you may need private student loans in addition to federal. Reach out to the credit reporting agency to address any errors. Credit history and credit score will impact whether you're approved for a private student loan, as well as the interest rate.

- Encourage your child to contribute. Sixty-nine percent of parents expect their child to help chip in and 52% expect their child to find a job while in college.

- Balance other financial commitments. When it comes to balancing other commitments, you can take comfort that you're not alone. Fifty-eight percent of parents are stressed about

balancing their retirement and paying for college. Look at your balance of retirement savings, obligations, and goals to give you a clearer picture on where you stand and what you can afford to contribute towards college.

A majority of families surveyed wish more planning resources existed. If that describes you, check out the savings strategies and insights from college and personal finance experts available at college-ave.com.

While funding the 2021-2022 school year may be more difficult than you previously anticipated, having a solid plan and knowing all your options can help ensure a college education remains within reach.

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# Eugenia Foxworth Elected President of The International Federation of Real Estate

By Audrey J. Bernard

Call her Madame President. Iconic realtor **Eugenia Foxworth**, a longtime member of the International Federation of Real Estate for the United States (aka FIABCI-USA), was sworn in as the newly elected president for that area of the international organization as of May 1, 2021. This unprecedented appointment makes her the first-ever African American elected to this prestigious position.

Foxworth and I are members of the advisory board for Harlem's "Women In the Black" organization and she invited me to the celebration. I was thrilled and proud to attend the zoom swearing in ceremony and clapped along with an international, national and local assembly of powerful real estate entrepreneurs who watched enthusiastically as Foxworth was presented with the signature medallion by Hugh Gilliam, past President of FIABCI-USA. Looking ready to take over from day one wearing a fabulous designer's dress, she spoke about her plans.

"I am honored and blessed to be sworn in as the next president of FIABCI-USA," said Foxworth. "My goal is to create awareness of the organization within the states as well as embark on projects that will benefit communities. We will work to introduce FIABCI-USA to areas where folks may not know or be



Madame President Eugenia Foxworth

aware of us. One aspect of our work is affordable housing which is what we need to focus on as well as go beyond the minimal percentage of affordable housing that a city may allocate," she added. "In addition, we offer scholarship opportunities to universities. I would like to focus on the smaller colleges and universities in that aspect because it's where we'll find students pursuing real estate or architecture degrees who will take what they've learned back to their communities and help them

build or rebuild."

Founded in 1951 in Paris, the non-profit FIABCI is a worldwide business networking organization for all professionals associated with the real estate industry. FIABCI has provided access and opportunities for real estate professionals interested in gaining knowledge, sharing information and conducting international business with each other.

Foxworth is the President/Owner of Foxworth Realty. She is a New York State licensed Broker, CIPS (Certified Interna-

tional Property Specialist), a member of REBNY (Real Estate Board of New York), NYRS (New York Residential Specialist), NAR (National Association of Realtors), MANAR (Manhattan Association of Realtors), NYSAR (NY State Association of Realtors), MWBE (Minority & Women-Owned Business Enterprise) and is on the Executive Board of Directors for FIABCI-USA (the International Federation of Real Estate) that is an NGO (non-governmental organization) with the United Nations and is in



65 countries.

Foxworth holds the prestigious FIREC designation with NAR, which cements her position as an elite real estate agent. She is also a vice president of the Harlem Tourism Board and vice president of the Americas for FIABCI-ORG; and sits on the Board of Directors for the New York Women's Chamber of Commerce.

Foxworth is a unique real estate Broker "without borders" specializing in exceptional properties in New York City, Riverdale, NY and internationally. This consummate realtor has acquired a reputation with both buyers and sellers as someone who can make a deal happen through her tenacity, knowledge of the market, professionalism and personality. She has established a reputation for "being out of the box" while getting the job done, therefore this economy does not phase her.

A veteran in the real estate business, this longtime realtor has earned many achievements over the years through her work. As the head of the New York City based Foxworth Realty, she success-

fully helped homeowners save their brownstone properties from foreclosure within the Harlem area where her office is located – this during at time years ago when the USA economy was in dire straits, thus affecting the housing market. She has received many accolades for her earnest work in real estate and helping the underserved. One of her distinguished honors was "Woman of Excellence" by the New York Women's Chamber of Commerce and last year Real Estate Agent Advisor highlighted her as "One of the Phenomenal Women in Real Estate."

Foxworth has lived and travelled extensively throughout the world and now resides in New York. NYRS agents are members of an exclusive group of New York City real estate professionals committed to ethical behavior, professional excellence and advanced education. Certified by REBNY, the NYRS designation recognizes these dedicated, successful agents and gives them the opportunity to take their knowledge—and their business—to a higher level.

# Immunologist Dr. Kizzmekia “Kizzy” Corbett honored by NAN

By Audrey J. Bernard

On Wednesday, April 14, 2021, Rev. Al Sharpton, founder and president of the National Action Network (NAN), presented Kizzmekia S. Corbett, PhD, an immunologist with the Vaccine Research Center at the National Institutes of Health (NIH), with the President’s Award at NAN’s 30<sup>th</sup> Annual Virtual Convention. Dr. Corbett was honored for the important work she is doing with vaccine research and the pivotal role she’s playing in encouraging Blacks to get the vaccine. Dr. Anthony Fauci, the nation’s leading infectious disease expert, who wants Black people to know that a Black woman, Dr. Kizzmekia Corbett, was heavily involved in devel-



Dr. Kizzmekia “Kizzy” Corbett

oping one of the vaccines available to Americans. Black Americans, in particular, have been especially vulnerable to developing the most severe symptoms of COVID-19, for reasons that are largely systemic. For the last several months, Black physicians

have been reaching out to their communities to educate and encourage people to take a vaccine once it becomes available. “Trust, especially when it has been stripped from people, has to be rebuilt in a brick-by-brick fashion,” Dr. Corbett said. “And so, what I say to

people firstly is that I empathize, and then secondly is that I’m going to do my part in laying those bricks. And I think that if everyone on our side, as physicians and scientists, went about it that way, then the trust would start to be rebuilt.” (Photos by Evan Vucci/AP)



President Joe Biden listens as Kizzmekia Corbett, an immunologist with the Vaccine Research Center at the National Institutes of Health (NIH), right, speaks during a visit at the Viral Pathogenesis Laboratory at the NIH, Thursday, Feb. 11, 2021, in Bethesda, Md. From left, Dr. Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases, left, Biden, NIH Director Francis Collins and Corbett



President Joe Biden bumps elbows with Dr. Kizzmekia Corbett as Dr. Fauci and NIH Director Francis Collins watch approvingly

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# VIRTUAL COURT. PART II

By Hon. J. Mabelle Sweeting

**1. Public Access.** An integral aspect of our court system is that it is open to everyone. Given the small size and limited seating capacity of some courtrooms, however, not everyone who wishes, can attend court proceedings. Virtual court, which is live-streamed, promotes transparency in court room proceedings by expanding the level of access for court observers. This expanded capacity is especially important in criminal cases, where an arrest and subsequent arraignment can happen anytime during the day or night.

**2. Persons with Disabilities.** Not all court-houses are readily accessible and equipped with

ramps, elevators, seating, bathrooms and other accommodations necessary to meet the needs of persons with disabilities, which makes virtual court, and the ability to appear remotely, a welcome option. Amongst other advantages, in virtual court the volume can be adjusted for persons who are hearing impaired; closed captioning can be displayed on screen; and the font can be magnified and enlarged on documents and exhibits for those who are visually impaired.

**3. The Right of Confrontation Without Being Confrontational.** The Sixth Amendment to the U.S. Constitution guarantees the right to confront witnesses. Virtu-

al court protects the right of the accused and at the same time it shields the accuser from the fear of being in the same physical space and in close proximity to the accused.

**4. All Rise – Courtroom Order and Decorum**

**a) I’m Speaking.** Our system of justice remains one which is adversarial. Thus, it is to be expected that the parties and counsel may engage in heated debates about the facts and animated disputes and discussions about the law. During the course of these exchanges, opposing sides may inadvertently talk over each other in their zeal for presenting arguments on behalf of their respective clients. While it should be used sparing-



ly, a unique feature of virtual court is the ability to “mute” someone who fails to adhere to the rules of civility, professionalism and decorum, as directed by the court. It ensures that everyone has a chance to be speak and to be heard fully without any one person dominating the conversation.

**b) Say My Name.** Another unique and important feature of virtual court is the ability to “pin” and/

or “spotlight” the active speaker and to have the speaker’s name displayed on-screen. This feature sets a tone of respect for everyone involved by ensuring that everyone is properly identified by their name and preferred title and that their names are both spelled and pronounced correctly.

**5. Diversity and Multi-Generational Exchange.** One of the most unexpected but exciting benefits of the virtual court (indeed of technology generally) is that it encourages engaging conversations and partnerships between people of different generations. Importantly, the older generation must talk to today’s youth, if only to learn how to operate Zoom. Indeed, our lexicon has changed. When I was growing up,

Zoom was a half-hour children’s television program that aired on the Public Broadcast Station (PBS). Now, Zoom has become one of the most essential platforms used by people to remain connected.

Virtual court opens the door of opportunity for many young people to find employment within the legal profession in roles that were never imagined. The legal profession (which some have described as archaic) now has an increased need for computer technicians and cyber scholars who know the law and who embrace and understand how to use technology. In this regard, diversity is not limited to race and gender but we need people with unique skill-sets to enter the profession.



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## Why it's Never Too Early to Make a Long-Term Care Plan

Americans are living longer than ever before, and with continually rising health care costs, the need for a long-term care solution becomes more of a “when” than an “if” situation, according to financial experts, who warn that Americans are largely waiting too long to plan and prepare.

“Many people wait until they’re in their 50s or 60s before beginning long-term care planning, but with costs rising, it’s important to start planning when you’re younger and healthy,” says Heather Deichler, senior vice president, MoneyGuard product management, Lincoln Financial.

To get prepped, consider these tips from Lincoln Financial:

- **Plan early:** Only about 7.5 million people in the U.S. have policies that pay long-term care benefits, according to the American Association for Long-Term Care Insurance, but more than half of Americans turning 65 are projected to need some type of long-term care in the future. This disparity could be due to the fact that many underestimate long-term care costs and expect to rely on savings or Medicare and Medicaid to cover them.

Those in the know -- financial planners -- see medical/healthcare costs and long-term care expenses as bigger risks to retirees’ savings than spending too much, inflation or the economy. Indeed, a majority of consumers in a recent survey conducted



PHOTO SOURCE: (c) monkeybusinessimages / iStock via Getty Images Plus

by Versta Research on behalf of Lincoln Financial guess that a private room in a nursing home costs less than half the realistic estimate.

Others may simply feel their good health exempts them from the need to plan at all. But living a healthy lifestyle could mean you’ll live longer and face health-related risks associated with aging.

Being realistic about the possibility your future could involve long-term care and the true costs associated with it can help you plan accordingly and motivate you to get started early.

- **Get on the same page as your family:** Having a long-term care conversation with loved ones can help you feel confident about your future and help avoid conflict among family members. Share your expectations for daily living, such as how and where you want to receive care. This is a good time to identify who will be responsible for your finan-

cial and medical affairs should you become unable to manage them.

- **Consult a financial professional:** A financial professional can help you get a handle on your financial future and make you aware of all your options, including those that evolve with your needs. They may point you to solutions that can help cover qualified long-term care expenses. Some solutions can offer more options and flexibility with a guaranteed level of protection and the possibility for investment growth. For example, in addition to obtaining care in an assisted living facility or nursing home, you could have the flexibility to receive care at home, including from family members.

Comprehensive long-term care planning with family members and a financial professional now can help ensure everyone is prepared for the emotional and financial decisions that may need to be made in the years ahead.



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# NYC PARKS CELEBRATES ASIAN AMERICAN AND PACIFIC ISLANDER HERITAGE MONTH

NYC Parks is celebrating the cultural impact and contributions of those who identify as Asian American and/or Pacific Islander (AAPI) throughout the month of May. Join our expert Urban Park Rangers as they host tours, lead discussions, and reflect on the history, culture, and future of the Asian American and Pacific Islander influence in our parks.

“We are fortunate to live in such a rich and culturally diverse city, and it is made better through the contributions, influence, and shared experiences of Asian Americans and Pacific Islanders,” said NYC Parks Commissioner Mitchell J. Silver, FAICP. “This Asian American Pacific

Islander Heritage month, we should all engage in meaningful discussions and immerse ourselves in Asian American culture as a means to better understand our neighbors and show appreciation for their contributions.”

Here are some of this month’s highlight events:

- Asian American and Pacific Islander Heritage Month: Cherry Blossom Art Workshop

Salt Marsh Nature Center, Marine Park  
Saturday, May 8  
11 a.m. - Noon

Learn all about various species of cherry trees and their significance in Asian culture and folklore. This program will also use natural materials to create a

mixed-media cherry blossom craft.

\*This free event requires registration and participants are selected through a lottery system. Registration for this event is currently open, you may register.

- Asian American and Pacific Islander Heritage Month: Chinese Scholar Garden Tour and Restoration

Chinese Scholar Hard- en at Snug Harbor Cultural Center and Botanical Garden  
Sunday, May 23  
10 – 11:30 a.m.

The Chinese Scholar Garden at Snug Harbor features a re-creation of a scholar’s garden which were mainly created in China during the Ming Dynasty. Learn more about the cul-

tural significance of scholar gardens, which feature several specialized species of trees, bamboos and flowering plants. Interested participants will meet at the parking lot on Cottage Row inside the Snug Harbor Campus and are encouraged to participate in a restoration effort to ready the garden for the summer season.

\*This free event requires registration and participants are selected through a lottery system. Please register starting May 12.

- Asian American and Pacific Islander Heritage Month: Asian Pavilions of the 1964 World’s Fair

The Unisphere at Flushing Meadows Corona Park  
Sunday, May 30

Noon – 1 p.m.  
Join the Urban Park Rangers as they discuss some of the Asian nations that participated in the 1964 World’s Fair. Highlights will include stories from inside the pavilions, and the enduring gifts from Asia that are still present in Queens’ flagship park.

In addition to these events, NYC Parks’ Learning Labs will be teaching youth participants all about AAPI history and culture. Each learning lab will select a country from a list based on the most populous AAPI groups in 2019, according to the US Census Bureau. Through research and virtual exhibitions from national and local cultural institu-

tions, students will gain knowledge about the language, cuisine, geography, literary achievements, sports and recreation, and notable people of their selected country.

Also, ShapeUp NYC, the agency’s free group fitness program will be highlighting Shape Up instructors who identify as AAPI on its official Instagram page throughout the month of May. Each instructor will share a photo and a short blurb about why they teach for Shape Up.

You can find a complete list of upcoming events this month by visiting Parks’ Asian American Pacific Islander Heritage Month page.

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Additional funding provided by: **BANK OF AMERICA**

# New York Staycation

By Debi Kops

Your choice of a New York adventure is growing!

The weather is warming and the city's landscape is full of blossoming colors and greening landscapes. We are going outside and revisiting the city we love thanks in part to the new, more relaxed guidelines about masks, going to museums or the movies, taking a ferry or boat rides, shopping and eating indoors at restaurants.

Remember to support small businesses!

## James Baldwin Lawn

James Baldwin was a well-known and celebrated novelist, poet, playwright, activist and social commentator. A true New Yorker, he was born at Harlem Hospital, raised in Harlem, went to Dewitt Clinton High School in the Bronx and lived in the village as a writer and civil rights activist. His last home was 137 West 71 Street, which is a national landmark.

Although he did not self-identify as gay, he wrote several novels that



JB Lawn



Collyer Bros Park

featured gay and bi-sexual characters and spoke openly about same-sex relationships and LGBTQ issues. Their continuing relevance has given some of his works new life recently. In 2016, an unfinished manuscript was adopted for cinema as the documentary film; "I Am Not Your Negr," it was nominated for an Academy Award and can be found on Netflix. His book "If Beale Street Could Talk," was adapted into a 2018 Academy Award winning film featuring scenes shot in Harlem.

In November 2020, the New York Parks and Recreation Department honored James Baldwin by naming a lawn after him in St. Nicholas Park at West 135 Street.

## Collyer Brothers Park

Homer Lusk and Langley Wakeman Collyer were brothers who became famous for their compulsive hoarding. Both attended Columbia University. Homer earned a degree in admiralty law, while Langley earned one in chemistry and engineering. Langley was an accomplished pia-

nist and played at Carnegie Hall. Homer was a layman at Trinity Church.

In 1909 the Collyer family moved to a Harlem brownstone at 2078 Fifth Avenue and 128 Street. The brothers continued to live here after their parents passed-away.

Known to their neighbors as eccentrics, they filled their house over decades with their collections of books, musical instruments and much more. They set-up booby traps in corridors and stairways to crush intruders. In 1947, both were found dead in their home surrounded by 140 tons of items. The house was demolished and is now a park.

At only 1,500 square feet, The Collyer Brothers Park is called a Pocket Park and offers a landscaped and uncluttered space to visitors. There are 51 Pocket Parks in New York City.

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# EBONY 75<sup>th</sup> Anniversary Book Chronicles Black American Excellence and History

By Stacy M. Brown, NNPA  
Newswire Senior National  
Correspondent  
@StacyBrownMedia

Since 1945, *Ebony* has chronicled Black life and the multitude of contributions of generations of African American icons, trailblazers, changemakers, and the unsung.

As the pandemic continues and keeps some essential milestones off the front pages, *Ebony* quietly changed ownership while finally receiving overdue recognition for more than 75 years of Black excellence.

“As a child, I can remember vividly the stack of *Ebony* magazines that adorned our family’s coffee table,” recalled Congresswoman Sheila Jackson Lee

(D-Texas).

“My parents, I believe, strategically placed those magazines there so that anyone who entered that space would be exposed to the powerful messages of Black excellence displayed so wonderfully both on *Ebony*’s breathtaking covers and within the content of its articles,” the Congresswoman declared.

Jackson Lee’s remarks came during the celebration of the book “*Ebony: Covering Black America*,” by Lavelle Lavette, the best-selling author and president and publisher of One Street Books and *Ebony Magazine*’s imprint *Ebony Publishing*.

Former NBA Star Junior



Bridgeman recently purchased *Ebony* and *Ebony.com*, a member of the National Newspaper Publishers Association (NNPA), representing the largest contingent of Black owned newspapers and media companies in America.

“*Ebony* kind of stood for Black excellence, showing people doing positive things that could benefit everyone,” said Bridgeman, who starred

with the Milwaukee Bucks and Los Angeles Clippers.

“It just made you feel good.”

Lavette’s expansive book counts as a national treasure, which the publisher said marks not only history but also makes history.

“Growing up in the Midwest, *Ebony* was considered on par with the nation’s most prestigious magazines of the era, *Time* and *Life* magazines, and rightfully so,” said Congressional Black Caucus (CBC) Chair Joyce Beatty (D-Ohio).

“This book, ‘*Ebony: Covering Black America*,’ brings back so many memories of how we as a people relied upon *Ebony* to share both our strivings, setbacks, and undying determination to keep moving forward,” Congresswoman Beatty added. “This book gets people talking both about the past and about the connections between the past and our present moments as a people.”

The CBC and others joined with Lavette on Capitol Hill in April to celebrate the book and the history of *Ebony*. Tennis superstar Venus Williams, entertainer Common, Kimora Lee Simmons, and retired NBA champion Dwyane Wade and his wife, actress Gabrielle Union count among the

contributors to the book. Sean “Diddy” Combs also contributed to the work that features photos of Dr. Martin Luther King Jr., Diana Ross, Sidney Poitier, President Barack Obama, Muhammad Ali, and many others.

Lavette said she and her staff expect to peruse the market of – particularly African American – authors this summer with an eye toward a banner year of publishing in 2022. “We are standing on the shoulders of giants that set the standard high, and so I want to be sure that we keep and always are trying to improve and make it even better,” Lavette remarked. “We’re not trying to compromise an author’s experience or the type of product that we put out. It’s going to stand toe-to-toe and above what’s out there.”

Lavette continued: “I am a story hunter. The people I work with are story hunters, and there are several books we can probably announce and put out. But I want to take our time and prepare for next year so that in that process that we are going through, we’re staying steady to the vision and staying true to some of the traditional things *Ebony* has been known to publish like the Lerone Bennett books that speak to our culture.”

Lavette, who holds a master’s in Education, has worked as a school teacher and administrator. She also served as a special advisor to former U.S. Secretary of Education Dr. Rod Paige.

During the recent Capitol Hill visit, which also

included NNPA President Dr. Benjamin F. Chavis, Jr., Lavette presented a limited commemorative edition of the book to congressional leaders. Each expressed their delight.

“Growing up in rural Sumter, South Carolina, I cherished as a teenager, devouring the pages of *Ebony* magazine,” House Majority Whip James Clyburn (D-South Carolina) declared. “I recall memories of sitting in the local barbershop awaiting my turn in the chair. While waiting, my eye was always attracted to those compelling *Ebony* covers.”

Congressman Clyburn continued: “But more than that, *Ebony* opened up an entire world of possibilities to my young mind by sharing stories about our people making wonderful social contributions all over the country and the world via an unmatched work-ethic whether in sports, entertainment, or politics. And that’s exactly what ‘*Ebony: Covering Black America*’ does today.”

Dr. Benjamin F. Chavis, Jr., President and CEO of the NNPA, affirmed, “We are so proud that *EBONY Magazine* and *Ebony Publishing* are members of the NNPA and we are encouraged by the outstanding leadership of Junior Bridgeman and Lavelle Lavette who are taking *Ebony* and *Ebony.com* to the next level of the highest personification of what Black Excellence exhibits and engages in America and throughout the world. The next 75 years will be the greatest for sure.”

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journey”*

**Dr. George Williams**



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percentage that defines how  
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premium

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\* National Newspaper Association Survey

...trustee who then liquidates  
and distributes the proceeds to the  
cured creditors. In exchange, the  
itled to a discharge of some debt;  
debtor will not be granted a dis-  
or she is guilty of certain types of  
behavior (e.g. concealing records  
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and child support, student loans,  
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expand its business or smooth its cash flow pay-  
ments. In this case, accessing additional credit  
lines and "trading through" the crisis can allow  
the business to navigate its way through the  
problem and ensure its continued solvency and  
viability. It is often difficult to know, in the  
midst of a crisis, whether distressed businesses  
are experiencing a crisis of solvency or a tempo-  
rary liquidity crisis. In the case of a credit  
crunch, it may be preferable to "mark to market"  
- and if necessary, sell or go into liquidation if  
the capital of the business affected is insuffi-  
cient to survive the post-boom phase of the

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# Being Thankful

By: W.A.Rogers

I often write about being thankful because living in the matrix of today's world we all can sometimes overlook the many blessings that we have and our ability to overcome depression no matter how difficult it might seem to be.

A common cause of depression is the inability to recognize our blessings. If you are reading this dialog and you are depressed, be

thankful, the mind of the universe is sending you a message. We become depressed because we focus on depressing things, things that we fear and do not want. What you think about often will manifest in your reality. When we think about the life we would like to have with faith and without fear and doubt we can transform the reality of our lives; for this we should be thankful.

Gratitude is the quality of being thankful. A simple word like "thank you" is an easy way to show gratitude. It can be difficult to show gratitude if you are not aware that you have been born with the blessing of thought manifestation and all that you need to be happy. Nothing or no

one outside of yourself can truly make you happy. The foundation of happiness is internal; we are all socially programmed to believe that the key to our happiness is external.

Often our thoughts of depression come from our socially programmed illusionary view of our limitations and lack of the external things that we feel would make us happy. Do you ever wonder when you read about some famous wealthy person committing suicide when it seems that they could have had any material thing that they wanted? One reason for this anomaly is when you can have any material thing that you want and you are still unhappy; life loses its value.

We have the gift to manifest changes in our lives and our external environment, when you become aware of this fact, every morning that you wake up you should be thankful and show gratitude for another day and ability to change your life. All things happen for a reason when we face disappointment, setbacks and tragedy we often become depressed and wonder why something like this would happen to us.

Another way to address disappointments, setbacks and tragedy is to look for ways to use them to allow you to rise to a higher consciousness. Learn to use the experience to make you a better person, a person who can become an example that will inspire others. If you can do this, you can realize that there can be a benefit in

all things.

Never allow yourself to feel that there is nothing that you can do to improve your current situation. You can use your mind to change your internal and external reality. The only person that stands in your way is you when you move your programmed self out of your way; the seemingly impossible can become possible. For this ability you should be thankful and find ways to show your gratitude.

I would like to thank all those who participated in H2W 2021 if you missed the wonderful holistic wellness programs you can still view the workshops and panel discussions at [www.h2w.nyc](http://www.h2w.nyc). Remember we all have something to be thankful for we just need to open our eyes and hearts and search for it

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## Answers to Puzzle on page 16

N	A	V	A	L		S	A	P		B	A	B	E	
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# HERBS ARE NATURE'S MEDICINE

By Zakiyyah

Hopefully you were able to join the **FREE ZOOM INTRODUCTORY HERBAL WORKSHOP** I offered last month on April 22nd.

I will continue to offer **FREE "Herbs are Nature's Medicine" ZOOM WORKSHOPS** for the next few months – every 1st and 3rd Thursday evenings for 1-hour, from 7:30-8:30pm.

As an Herbal educator and practitioner, I've been serving the world community at large for over 35 years - via my weekly herb column here, my presence at webinars and street fairs, and through my public access free TV pro-

grams (2015), and currently through my blog, herb courses, symposiums and workshops.

Utilizing the Zoom platform expands my ability to continue to facilitate your efforts to seek optimum *sustainable* health, and emotional and mental well-being. I've created a **6-Workshop Mini-Series** to this end, sharing my many years of expertise about healing naturally with herbs, essential oils and energy medicine.

To this end, you are invited to my Zoom workshops on Thursday evenings, May 6th and 20th at 07:30 PM Eastern Time (US and Canada). The May 6th 1-hour Workshop will cov-

er herbs and essential oils to strengthen the lungs and treat respiratory challenges. During this time of COVID, it is imperative that we learn natural ways to protect, heal and strengthen our respiratory and immune systems.

Register in advance for this meeting:

<https://us02web.zoom.us/j/8121212121>

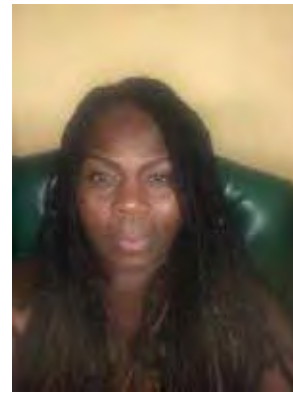
After registering, you will receive a confirmation email containing information about joining the meeting.

... **MAKE NATURE'S MEDICINE YOUR OWN**

# Find The Peace in The Pandemonium. Be Resourceful

By Pamela Salaam Jaha

**H**ello Readers! It's been a long while. I have missed you very much. Allow me to start with expressions of sheer gratitude and enthusiasm, for this sweet opportunity to return to the Harlem News Community. As a "Purveyor of Positive Influence", I can no longer listen to or read about the devastation of Pandemic 2020, without being a part of the solution-bringing silver lining to the constant clouds. Trust me. I have buried loved ones as well. I see youth struggle with social distancing. I feel the anguish of seniors suffering alone. Overnight, my business went from generating thousands of dollars weekly, to zero cents. I know the losses are still, very real. Yet one of the myriad of invaluable experiences 30+ years of entrepreneurship has taught me, is to "Find The Peace in



**The Pandemonium. Be Resourceful!** For this pandemic chapter in business, my conscious choice was not simply to inspire other entrepreneurs to reinvent themselves, as this pandemic has ignited me to do, yet to go one step further, by being a "Remarkable Resource" to other business owners, with a need I could meet! With that, I invited "Ready Women" to join me in my professional space, Eves Room Harlem - A Place for Naturally Healing Your Whole

Life! Somehow, the pains of this pandemic are lessened, as I engage wholeheartedly in the development of our first two 100% owned and operated female businesses. Still respecting the new world of "Conscious Social Distancing", we minimize struggle by being "Greater Together"! Here's the proof... Privately nestled, in Historic Central Harlem! **BE IINSPIRED! Salaam Means Peace\***  
**Unnati's Yoni Steams & Teas, blesses women with**

an opportunity to "Regenerate the Center of Their World - Their Wombs". With beautiful blends of organic herbs and teas, specifically targeted to the "Divine Feminine", women have the pleasure of embracing a healing journey designed to bring greater ease to female discomforts. Unnati, Founder of Unnati's Yoni Steams & Teas says, "I struggled horribly every month, from the age of 14. For the past 3 years, I have incorporated organic Yoni

steams & organic tea blends, with healthier Lifestyle Practices. Finally at age 29, I consistently experience a whole new manageable cycle! My body feels at Peace.  
**Green & Serene Integrative** is Dr Rashiah Elams' response to Goddess Salaam's invitation to "bring added value to the community by merging the best of both worlds". Dr. Elam masters combining modern medicine with ancient and traditional healing. Her passion to support is three-

fold; those seeking to elevate their experience of their everyday wellness, those who desire a different perspective on habitual healing rituals and those ready to re-discover their innate wellness. Green & Serene Integrative, provides signature multidimensional wellness consultations from Eve's Room Harlem and virtually. Elam lends her unique perspective based on the foundation of a lifelong calling and nearly three decades of health and human service experience, in the practice of Medicine, Meditation and various Holistic Healing Arts.  
**Contact Us Via Emails:**  
 Goddess Salaam: [WisdomSalaam@gmail.com](mailto:WisdomSalaam@gmail.com)  
 Dr.Elam: [Doctorra@GreenSereneWellness.com](mailto:Doctorra@GreenSereneWellness.com)  
 Unnati: [Unnatis.yonisteams@gmail.com](mailto:Unnatis.yonisteams@gmail.com)

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- If you are ready, talk to someone about medications for opioid use or other treatment options

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Bill de Blasio  
Mayor  
Dave A. Chokshi, MD, MSc  
Commissioner

See answers on page 14

**CROSSWORD**

1	2	3	4	5	6	7	8	9	10	11	12
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

**THEME: FICTIONAL FATHERS ACROSS**

- Like Annapolis Academy
- Pine juice
- One in a manger
- Like a good athlete
- Modern address
- Printer cartridge contents
- Cate Blanchett's movie "\_\_\_\_ on a Scandal"
- 2nd largest living bird in world
- U in UV
- \*Honoré de Balzac's "Le Père \_\_\_\_"
- \*Nemo's dad, named after a sport fish
- "\_\_\_\_ of the morning!"
- Seaside bird
- Tax accounting specialist, acr.
- Back of the neck
- Chew the fat
- Country dance formation
- Greek goddess of fertility
- Waterwheel

- \*Drunk and, incidentally, Huck Finn's Pap
- Metallic sounding
- Quite a stretch
- Place to dry out
- Like the White Rabbit
- Dr. Robert Bruce Banner's green alter ego
- Sun-\_\_\_\_
- Toothy wheel
- Bad-mouth
- Made a rug
- Low-\_\_\_\_ image
- \*Simba's father in "The Lion King"
- \*Luke's and Leia's father
- Golfer's sun protection
- Romanian monetary unit
- Introverted one
- Follow as a consequence
- Pooh's wise friend
- Territory in China known as Las Vegas of Asia
- Young woman
- \*"That '70s Show" dad

- One-room school house "notebook"

**DOWN**

- A Bobbsey twin
- Awestruck
- \*The Godfather's given name
- Heads-up
- Wound
- Cooking grease
- Hammer holder?
- D'Artagnan's hat decoration
- Weevil's target
- Not in favor of
- Capital of Switzerland
- Chapter in history
- As opposed to turn-off
- 1960s abstractionism
- Rainbow shape
- Like ones between 13 and 19 years old
- \*Griswold family patriarch
- Mushroom caps
- Egyptian symbol of life, pl.
- \*Jay is to Claire as \_\_\_\_ is to Haley

- Flood survivor
- Father of psychoanalysis Sigmund
- Garlicky mayonnaise
- \*Both father in "Mary Poppins" and father in "Father of the Bride"
- Unfledged hawk
- Casino chip
- Pine
- \_\_\_\_ of dog!
- "I \_\_\_\_" at the altar
- Middle Earth and Kingdom of the North, e.g.
- Courage in the face of danger
- Smokeless tobacco brand
- Short skirt
- It was Brezhnev's domain
- Unplayable baseball
- Old in Scottish
- Cuzco valley empire
- Straight pour from the bottle
- Chill in front of TV, with 'out'
- Ovine mom
- Beluga yield

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**GO TO PAGE 18**

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# “Dear Black Girl: Letters from Your Sisters on Stepping Into Your Power” by Tamara Winfrey Harris

REVIEW by Terri Schlichenmeyer, Harlem News contributor

There’s some mail for you.

And it’s not the e-variety, either; it was brought by a human, carried down the street and left at your home. It’s in an envelope with a stamp, and the good news is that it isn’t a bill. It’s a letter for you, and in “Dear Black Girl” by Tamara Winfrey Harris, it could be important.

Well over a year ago, in anticipation of a workshop she was giving for a group of Black girls, Tamara Winfrey Harris asked a small group of Black women to write letters of support and positivity to

give the girls. She wanted the letters to be “loving, truthful... feminist, anti-racist...and pro-Black girl.” She figured she’d receive twelve letters to hand out.

She got “more than fifty from all over the world.”

There’s a history behind the need Harris sees for these letters. For four hundred years, she says, Black girls have been laboring under myths that belie their vulnerability; that make them more “grown” than they are, physically and emotionally; and that steal the opportunities they have to love their bodies, their hair, and themselves. The lies ignore Black girls’ hopes and wishes. and “lies can start to feel like facts.”

But: “Dear Black Girl...”

“Sometimes, it’s hard to remember that you are a star,” says one letter-writer. Another reminds girls that melanin is “an asset!” Others write acknowledge the issues of being a Black girl in a white family or foster situation.

“... love your body beyond how appealing it is to others,” says one writer.

Remember that “there is no single definition of family.” Love your mother but know that “daughtering ain’t easy,” either. You will attract close friends when you “learn to love, honor and value yourself...”

Know that there’s “no shame” in working to pay the bills but life is better if a job is “a thing you really love and that suits you.” There’s also no shame in making your own path, in asking for help, or in surviving.

“You are hope and promise for tomorrow in Black girl skin.”

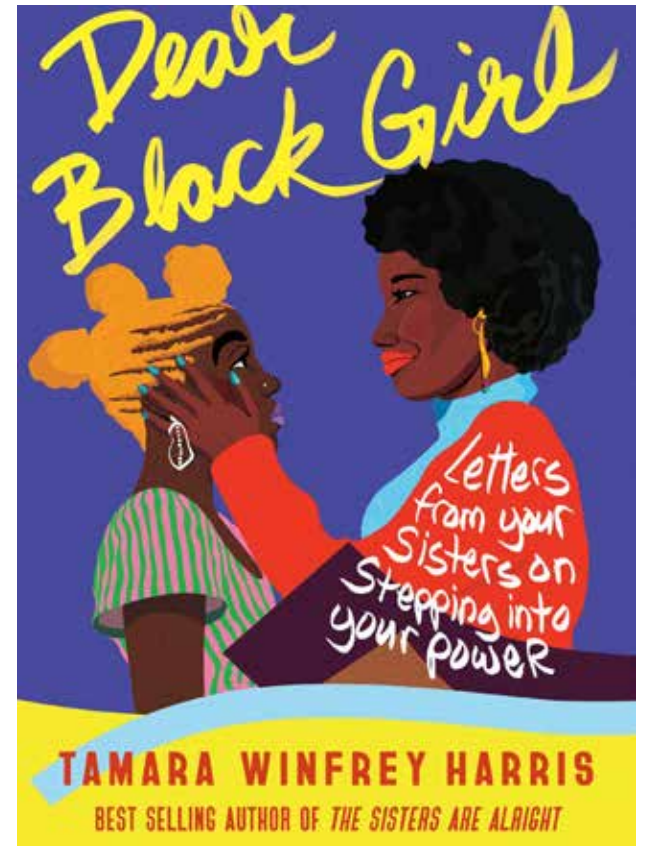
Don’t you wish there was a book like this around when you were a teenager? Nobody’d blame you if you did; even Grandma probably wished she’d had “Dear Black Girl.”

Bottom line: it’s time for a book like this that doesn’t feel high-horsey or superior or preachy. No, author Tamara Winfrey Harris pulled together letters that are relevant and everyday, and that don’t make harsh demands on its readers. Instead, there’s empathy in here, a been-there-done-that tone, and a sense that a girl is about to be taken under someone’s

wing for awhile. Letters are loosely categorized, they’re accompanied by drop-in “Know This” pages of explanation, and there’s room for a girl to write a letter to herself to sort her feelings now, or note-taking for later.

Beware that some of the letter-writers dive deep into raw subjects, making this book best for ages 13-and-up. Give “Dear Black Girl” to your favorite teen, and envelope her in all its love.

“Dear Black Girl: Letters from Your Sisters on Stepping Into Your Power” by Tamara Winfrey Harris c.2021, Barrett-Koehler Publishers, Inc. \$16.95 / \$22.95 Canada 185 pages



## SUDOKU ANSWERS

4	9	7	1	2	6	5	3	8
6	5	1	8	3	9	4	7	2
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# CLASSIFIED

## HELP WANTED

**Licensed Hairstylist and Barber Needed. Booth for Rent At Moes Uniaex Hair Hut, 52 east 125th. For more information call Moe at 917-224-5769**

## HELP WANTED

**Barbers & Braiders Wanted. Harlem Masters located at 633 Lenox Avenue @ 141st Street. Ask for Polo Green. Call 646-388-0450**

## HELP WANTED

**PROGRAM DIRECTOR ADULT DAY HEALTH CARE PROGRAM - Full-time**

A leading AIDS healthcare organization in Harlem seeks a dynamic, dedicated self-motivated professional with leadership skills to oversee the Adult Day Health Care Program. The individual must have experience with people in marginalized communities, particular people of color, LBGTQI, mental illness and substance use disorders.

Reports to: Chief Executive Officer. Master's Degree in Social Work or Mental Health; New York State LCSW or LMSW required; Another Master's Degree may be substituted if candidate has CASAC qualifications. Candidate must have 2-3 years supervisory experience: working with people living with HIV/AIDS in a healthcare environment; knowledge of managed care, and other insurances, governmental regulations & Quality Assurance; may be asked to provide direct care to clients including counseling and facilitate groups; must possess excellent writing and interpersonal skills and ability to work in a team environment;

The successful candidate will have the ability to increase census and maintain high quality services. Competitive Salaries with Excellent Employer Paid Benefits  
**CRIMINAL BACKGROUND CHECK AND DRUG SCREENING REQUIRED**  
PLEASE FORWARD RESUMES WITH SALARY REQUIREMENTS TO: nowapply914@gmail.com  
Also Hiring Activities Director, MSW's, Nursing Assistants and Housekeeping An Equal Opportunity Employer

**MISCELLANEOUS**  
Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 855-479-3694

## MISCELLANEOUS

**MISCELLANEOUS**  
Applying for Social Security Disability or Appealing a Denied Claim? Call Bill Gordon & Assoc. Our case managers simplify the process & work hard to help with your case. Call 1-844-512-0862 FREE Consultation. Local Attorneys Nationwide [Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL (TX/NM Bar.)]

## MISCELLANEOUS

**PARKS & RECREATION**  
nyc.gov/parks  
Be part of the City Cleanup Corps (CCC) at NYC Parks and help keep our parks clean and green! 10,000 workers will be hired at agencies across the city, including here at Parks. We are hiring City Seasonal Aides, City Park Workers and Playground Associates throughout the 5 boroughs. Some positions require a driver license. All staff will be provided with Personal Protective Equipment (PPE). To apply, review the City Cleanup Corps City Seasonal Aide, City Park Worker and Playground Associate listings on our website: www.nyc.gov/parks go to Job Opportunities

## PARKS & RECREATION

**REAL INVESTMENT**  
**NOW! IS A GOOD TIME FOR WEALTH BUILDING**  
GET PAID FOR SAVING GOLD  
"Save Gold for as little as \$20"  
Join our family of Gold Savers  
Earn a steady residual income when

## REAL INVESTMENT

**SUMMER INTERNSHIPS**  
Recent Grads and College Students wanted for Internship with Harlem businesses. Knowledge of social media is a plus.. Email today.  
harlemnewsinc@aol.com

**WHEELS THAT HEAL!**  
Donate your car & make a positive difference in the lives of those affected by breast cancer.  
• 24-hour free pick up • Running or not  
• 7 days a week • Se habla español  
• Maximum tax deduction  
Call now  
800-XXX-XXXX  
UNITED BREAST CANCER FOUNDATION

## MISCELLANEOUS

**East Williston U.F.S.D./ The Wheatley School**  
*Learning for a Lifetime*  
**ANTICIPATED VACANCIES 2021-22**  
**DIRECTOR OF WORLD LANGUAGES AND ENL DEPARTMENT**  
•SAS, SDA, or SDL certification req'd.  
•Strong instructional leadership required.  
•Experience in curriculum development, staff training and supervision.  
•Extensive knowledge of the NYS World Language and ENL Frameworks.  
**-Probationary Reading Teacher**  
*Wilson Certified*  
**-ENL Teachers**  
*Probationary and Leave Replacement*  
**-Math Teacher**  
*Leave Replacement*  
**-Teaching Assistants**  
**-Substitute Teachers**  
**All positions require NYS Certification**  
For further description of the positions and to apply please go to [www.dlasjobs.org/longisland](http://www.dlasjobs.org/longisland)  
Deadline: April 25, 2021  
BOES Equal Opportunity Employer  
A Service of Nassau BOES

**WE BUY RECORDS**  
**TOP \$\$\$ PAID**  
JAZZ, SOUL, LATIN, ROCK, SALSA 33'S 45'S 78'S  
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## Seeing is believing.

### Get 2 security cameras installed FREE\*.

ADT's 24/7 monitoring plus top of the line security cameras help ensure your loved ones are safe – whether you're out and about or in the next room.



2 cameras installed FREE\*

\*Requires a 36-month monitoring contract. Minimum purchase of \$599 and upgrade required. Early term. and installation fees apply. For full terms and pricing see reverse.

**\$200 value**

## FREE\*

**ADT Video Doorbell Camera installed free**

**\$200 value**

## FREE\*

**ADT HD Outdoor Camera installed free**

**Call today to speak with a home security expert**

# 1-646-666-9211

• Offer expires: 7/15/2021



\*ADT Video Doorbell AND Outdoor Camera Professionally Installed Free: Requires 36-month monitoring contract starting at \$56.99/mo. with GSP (24-month monitoring contract in California, total fees from \$1,367.78), and enrollment in ADT EasyPay. Offer includes installation of one (1) video doorbell camera AND one (1) outdoor camera with minimum purchase price of \$599 after promo is applied depending on geographic location. Applicable taxes extra. Upon early termination by Customer, ADT may charge 75% of the monthly service charges due for the balance of the initial contract term. Quality Service Plan (GSP) is ADT's Extended Limited Warranty. Service and installation charges vary depending on system configuration, equipment, and services selected. Expires 7/15/2021.

General: Additional charges may apply in areas that require guard response service for municipal alarm verification. System remains property of ADT. Local permit fees may be required. Prices and offers subject to change and may vary by market. Additional taxes and fees may apply. Satisfactory credit required. A security deposit may be required. Simulated screen images and photos are for illustrative purposes only.

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# GENERAC®



## Prepare for power outages with a Generac home standby generator

**REQUEST A FREE QUOTE!**

# 833-782-0615

## FREE

**7-Year Extended Warranty\***

**A \$695 Value!**

**Offer valid February 15 - June 6, 2021**

**Special Financing Available**

Subject to Credit Approval

\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

# DENTAL Insurance

Medicare does not cover dental care! That means if you need dental work done, it can cost you hundreds or even thousands of dollars out of your own pocket.

Get Dental Insurance from Physicians Mutual Insurance Company. It helps cover over 350 procedures – from cleanings and fillings to crowns and dentures.

- See any dentist you want, but save more with one in our network
- No deductibles, no annual maximum
- Immediate coverage for preventive care

Call to get your **FREE** Information Kit

# 1-844-341-0603

[dental50plus.com/harlem](http://dental50plus.com/harlem)



1 "Medicare & You," Centers for Medicare & Medicaid Services, 2020

Includes the Participating (in GA: Designated) Providers and Preventive Benefits Rider. Product not available in all states. Acceptance guaranteed for one insurance policy/certificate of this type. Contact us for complete details about this insurance solicitation. This specific offer is not available in CO, LA, NY; call 1-800-969-4781 or respond for similar offer. Certificate C250A (ID: C250E; PA: C250Q); Insurance Policy P150 (GA: P150GA; NY: P150NY; OK: P150OK; TN: P150TN); Rider kinds B438/B439 (GA: B439B), 6255

Harlem Community Newspapers | May 6, 2021

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# **WE'RE ALL TIRED OF COVID-19**

**But COVID-19 isn't over yet.  
Neither is our fight.**

## **SO, WHAT'S NEXT?**



**KEEP GETTING TESTED  
OFTEN, EVEN WITH NO  
SYMPTOMS, UNLESS  
FULLY VACCINATED\***



**GET TESTED  
IMMEDIATELY IF YOU  
FEEL COLD OR FLU  
SYMPTOMS**



**STAY  
MASKED AND  
DISTANCED**



**AND WHEN  
IT'S YOUR  
TURN, GET  
VACCINATED**

Preventing the spread of **COVID-19** starts with knowing if we have it.  
**TESTING IS AVAILABLE AT NO COST TO YOU.**

Visit **testandtrace.nyc** or call **212-COVID19**

\*If you are fully vaccinated against COVID-19, you do not need to get tested, unless you have COVID-19 symptoms. There may be different testing requirements in certain settings.

**NYC**

**Test & Trace  
Corps**