The Community Board's recommendation with respect to new health education and training programs with a focus on providing evidence-based resources for families in the neighborhood and in the community is well-balanced and thoughtful. The Board has identified a number of important recommendations, including:

1. **Communicating with Community Board members**: The Board has discussed the need for ongoing communication between the various components of the neighborhood and the Board to ensure that everyone is informed and engaged. This is a critical step in building a healthy community and ensuring that everyone has access to the resources they need.

2. **Engaging with local schools**: The Board has recommended that the neighborhood engage with local schools to promote healthy habits and behaviors among children. This is an important step in ensuring that children are taught about the importance of health and wellness from a young age.

3. **Collaborating with community organizations**: The Board has suggested that the neighborhood work with local community organizations to develop programs and initiatives that address the unique needs of the community. This is a critical step in ensuring that everyone has access to the resources they need.

4. **Promoting healthy behaviors**: The Board has recommended that the neighborhood promote healthy behaviors among residents, such as regular exercise and a healthy diet. This is an important step in ensuring that residents are healthy and productive.

5. **Providing access to health services**: The Board has suggested that the neighborhood work to provide access to health services, such as community health centers and clinics. This is a critical step in ensuring that everyone has access to the resources they need.

These recommendations are all well thought-out and will go a long way in helping to build a healthy community. The Board should be commended for its thoughtful recommendations.