

## RESPONSE:

Please see information readily available online to respond to your inquiry.

[Pandemic COVID-19 all countries: avoid non-essential travel outside Canada](#)  
[Coronavirus disease \(COVID-19\): Travel restrictions, exemptions and advice](#)

## Related Links:

- [Coronavirus disease \(COVID-19\): Outbreak update](#)
- [Travel advice and advisories](#)
- [Exposure on flights, cruise ships and at mass gatherings](#)
- [Travel restrictions, exemptions and advice](#)
- [Travel and COVID-19: Your safety and security outside Canada](#)
- [Sickness or injury when travelling](#)
- [Ministerial Orders, Interim Orders, Directives / Directions and Response Letters](#)
- [If you get sick after travelling](#)
- [Travel vaccinations](#)

## REQUEST:

I am writing because we are conducting research regarding travel during the COVID-19 pandemic.

Canadians are being told not to travel outside of the country right now unless it is considered “essential.”

Please provide answers to the following:

- 1) Define what the federal government deems to be “essential” travel that would be a reason for someone to leave the country. What would be examples of non-essential travel?
- 2) What measures does the federal government take to prevent non-essential travel?
- 3) What punitive measures or actions does the federal government take if it is determined that someone has travelled for non-essential reasons?