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UNIVERSITY HEALTH SERVICES Tang Center
People. Campus. Community.

9/30/11

POSSIBLE MUMPS EXPOSURE NOTICE

University Health Services and the City of Berkeley Public Health Department are advising the UCB campus residential life community that several cases of mumps have been confirmed in UCB students on 9/29/11. Confirmed cases have involved students residing at Clark-Kerr, the Cloyne student-cooperative, and a suspected case resides at Cheney Hall.

Mumps is a vaccine-preventable, viral infection that is spread by droplets of saliva or mucous from the mouth, nose, or throat of an infected person.

To protect your health and the health of those around you, it is important to wash your hands frequently, cover your cough, and stay home if you are ill. It is also essential to determine whether or not you are protected from mumps:

- If you were born in or before 1956 you are considered immune
- If you were born after 1956, please review your immunization records to ensure that you have had at least two MMR (mumps, measles, & rubella) vaccinations. The first MMR is typically given at 12-15 months. The second dose can be given any time, at least 4 weeks after the first dose. If you have had 2 MMR vaccinations you are protected against mumps.

If you were born after 1956 and have not yet received a complete 2-dose series of MMR vaccinations, you are not protected and may become ill. Contact your healthcare provider to schedule an appointment for MMR vaccine. Please bring your immunization records with you to your appointment. This vaccine is not appropriate for pregnant women or individuals with severely compromised immune systems. For additional information on this vaccine go to: <http://www.cdc.gov/vaccines/pubs/vis/#mmr>

Please be alert for symptoms of mumps over the next 3-4 weeks: fever, headache, muscle aches, fatigue and loss of appetite, swollen or tender salivary glands under the ears or jaw on one or both sides of the face. If symptoms do develop, please stay home and contact your healthcare provider. If you are a UCB student or established patient at Tang, please call our nurse advice line at 510-643-7197.

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