

# **Hospital Ratings**

### **Avoiding Infections**

Our hospitals have turned into breeding grounds for dangerous—even deadly—infections. Consumer Reports has expanded its hospital Ratings and now includes information about two common and deadly infections: MRSA (methicillin-resistant Staphylococcus aureus) and C. difficile (Clostridium difficile). Consumer Reports' new Ratings of more than 3,000 U.S. hospitals show which do a good job of avoiding these infections, and which do not. The numbers are staggering: every year in the U.S., 648,000 people develop infections during a hospital stay, and 75,000 people die as a result. That's more than twice the number of people who die each year in car crashes. Many of these illnesses and deaths can be traced back to the use of antibiotics, the very drugs that are supposed to fight the infections. While some hospitals are taking steps to reduce infections and inappropriate antibiotic use, others appear to be making little effort.

Most hospitals report their infection rates for five different hospital-acquired infections to the Centers for Disease Control and Prevention (CDC). Consumer Reports has analyzed this data, and rated hospitals based on their performance in avoiding the following infections: MRSA (methicillin-resistant Staphylococcus aureus infections), C. difficile (Clostridium difficile) infections, central-line associated bloodstream infections, catheter-associated urinary tract infections, and surgical-site infections. We also developed an infections composite measure ("Avoiding Infections Overall Rating"), which indicates how a hospital did across all five infections. To read the story that accompanies the Ratings, please visit: <a href="http://consumerreports.org/cro/hospitalinfections2015">http://consumerreports.org/cro/hospitalinfections2015</a>. This story is part of a 3-part investigative series on <a href="mailto:antibiotics resistance">antibiotics resistance</a>.

#### About the infections data:

Data on hospital infections comes from information that hospitals reported to the CDC between October 2013 and September 2014, the most recent data available at the time of this report. All data are adjusted by the CDC to account for factors such as the health of a hospital's patients, its size, and whether it is a teaching hospital. For more details on the method please see <a href="http://www.consumerreports.org/HowWeRateHospitals">http://www.consumerreports.org/HowWeRateHospitals</a>.

#### How to interpret the individual infection Ratings (not the composite):

	Infection Rating	Interpretation
Better	0	0 infections
	•	At least 50% better than national baseline
		Between the national baseline and 50% better than
	0	national baseline
↓		Up to and including 100% worse than national
	igorplus	baseline
Worse	•	More than 100% worse than national baseline

National baselines are from the CDC and are based on historical data.

Not Yet Rated: This means a hospital did not have enough data for us to calculate a Rating.

#### **Dallas Area – Avoiding Infections**

Consumer Reports has expanded its Ratings of hospital-acquired infections rates and now includes information about two common and deadly infections: MRSA (methicillin-resistant Staphylococcus aureus) and C. difficile (Clostridium difficile).

Below are Ratings for the eight largest hospitals (300+ beds) in the Dallas area.

- **Medical Center of Plano** received Consumer Reports' second-highest Rating for avoiding MRSA infections, but our second-lowest Rating for avoiding C-difficile infections
- Parkland Health & Hospital System received Consumer Reports' second-lowest Rating for avoiding MRSA infections
- **Baylor University Medical Center** received Consumer Reports' second-lowest Rating for both avoiding MRSA infections and avoiding C. difficile infections.
- Medical City Dallas Hospital, Unviersity of Texas Southwestern Medical Center, and Texas Health Presbyterian Hospital Plano all received our second-lowest Rating for avoiding C. difficile infections.
- Five hospitals in the Dallas area received our second-highest Rating for avoiding central-line infections: Parkland Health & Hospital System, Texas Health Presbyterian Hospital Dallas, Medical City Dallas Hospital, University of Texas Southwestern Medical Center, Methodist Dallas Medical Center



Large hospitals (300+beds) in the Dallas area. Sorted alphabetically.

Hospital Name	City	Avoiding Infections Overall Rating	Avoiding MRSA Infections	Avoiding C. difficile Infections	Avoiding Central- line Infections	Avoiding Catheter- urinary tract Infections	Avoiding Surgical- site Infections
Baylor University Medical Center	Dallas	•	•	•	0	0	•
Medical Center of Plano	Plano	0	•	•	0	•	•
Medical City Dallas Hospital	Dallas	0	0	•	•	0	0
Methodist Dallas Medical Center	Dallas	0	0	0	•	0	•
Parkland Health & Hospital System	Dallas	0	•	0	•	•	•
Texas Health Presbyterian Hospital Dallas	Dallas	0	0	0	•	•	0
Texas Health Presbyterian Hospital Plano	Plano	•	0	•	0	•	•
University of Texas Southwestern Medical Center	Dallas	0	0	•	•	0	Not Yet Rated

Consumer Reports' complete infection Ratings for all hospitals in the Dallas area can be found on the next page.

Hospital-acquired infections are only one measure of hospital quality. Consumer Reports also evaluates individual hospitals for readmissions, mortality, patient experiences, C-section rates, and other criteria. Full Ratings for hospitals are available to subscribers at <a href="http://www.ConsumerReports.org/hospitalratings">http://www.ConsumerReports.org/hospitalratings</a>.

For the "Avoiding Infections" Ratings above and on the following pages, note that hospital performance can vary across the different infection categories. For example, if a hospital receives a higher Rating in one area of infections, that does not mean it does well across the board.

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### **Dallas Area – Avoiding Infections**

### All hospitals, listed alphabetically.

Hospital Name	City	Avoiding Infections Overall Rating	Avoiding MRSA Infections	Avoiding C. difficile Infections	Avoiding Central- line Infections	Avoiding Catheter- urinary tract Infections	Avoiding Surgical- site Infections
Baylor Jack and Jane Hamilton	Dallas	Not Yet	Not Yet		Not Yet	Not Yet	Not Yet
Heart and Vascular Hospital		Rated	Rated	0	Rated	Rated	Rated
Baylor Medical Center at Carrollton+	Carrollton	0	0	0		<u> </u>	•
Baylor Medical Center at Frisco	Frisco		Not Yet		Not Yet	Not Yet	
Baylor Wiedled Center at 1113co		0	Rated	0	Rated	Rated	<b>-</b>
Baylor Medical Center at Garland	Garland	0	•	0	<b>-</b>	<b>-</b>	•
Baylor Medical Center at Irving	Irving	<b>-</b>	<b>-</b>	0	0	<b>-</b>	0
Baylor Medical Center at McKinney*	McKinney	0	•	0	0	0	0
Baylor Medical Center at Uptown*	Dallas	Not Yet Rated	Not Yet Rated	•	Not Yet Rated	Not Yet Rated	Not Yet Rated
Baylor Medical Center at Waxahachie*	Waxahachie	•	Not Yet Rated	•	•	•	•
Baylor Regional Medical Center at Grapevine	Grapevine	0	•	0	•	0	•
Baylor Regional Medical Center at Plano	Plano	•	•	•	•	•	0
Baylor University Medical Center	Dallas	$\Theta$	igoplus	$\Theta$	0	0	$\Theta$
Centennial Medical Center <sup>+</sup>	Frisco	•	Not Yet Rated	0	•	•	•
Dallas Medical Center	Dallas	0	Not Yet Rated	0	<b>•</b>	0	Not Yet Rated
Dallas Regional Medical Center	Mesquite	•	•	0	•	•	0
Denton Regional Medical Center <sup>+</sup>	Denton	0	<b>-</b>	0	0	•	•
Doctors Hospital at White Rock Lake	Dallas	•	0	0	•	•	0
East Texas Medical Center Athens <sup>#</sup>	Athens	•	Not Yet Rated	•	Not Yet Rated	•	•
Ennis Regional Medical Center	Ennis	0	Not Yet Rated	•	Not Yet Rated	Not Yet Rated	Not Yet Rated
Heritage Park Surgical Hospital*	Sherman	•	Not Yet Rated	Not Yet Rated	Not Yet Rated	Not Yet Rated	•
Hopkins County Memorial Hospital	Sulphur Springs	0	•	•	Not Yet Rated	0	Not Yet Rated
Hunt Regional Medical Center#	Greenville	•	0	•	<b>•</b>	•	0
Lake Pointe Medical Center*	Rowlett	<b>-</b>	0	0	•	0	•
Las Colinas Medical Center*	Irving	0	Not Yet Rated	•	Not Yet Rated	•	•
Mayhill Hospital	Denton	Not Yet Rated	Not Yet Rated	•	Not Yet Rated	Not Yet Rated	Not Yet Rated

Medical Center of Lewisville#	Lewisville	0	•	<b>-</b>	0	0	0
Medical Center of McKinney	McKinney	0	•	0	•		•
Medical Center of Plano	Plano	0	•	•	0	•	•
Medical Center of Southeastern Oklahoma <sup>#</sup>	Durant, OK	•	•	•	•	•	0
Medical City Dallas Hospital	Dallas	0	0	•	•	0	0
Methodist Charlton Medical Center	Dallas	0	•	0	•	•	•
Methodist Dallas Medical Center	Dallas	0	0	0	•	0	<b>-</b>
Methodist Hospital for Surgery	Addison	•	Not Yet Rated	•	Not Yet Rated	Not Yet Rated	Not Yet Rated
Methodist Richardson Medical Center*	Richardson	•	•	0	•	•	0
Navarro Regional Hospital	Corsicana	0	Not Yet Rated	0	Not Yet Rated	Not Yet Rated	Not Yet Rated
Nocona General Hospital	Nocona	Not Yet Rated	Not Yet Rated	0	Not Yet Rated	Not Yet Rated	Not Yet Rated
North Central Surgical Center*	Dallas	•	Not Yet Rated	•	Not Yet Rated	Not Yet Rated	Not Yet Rated
North Texas Medical Center	Gainesville	•	Not Yet Rated	•	Not Yet Rated	Not Yet Rated	Not Yet Rated
Paris Regional Medical Center*	Paris	•	•	0	0	0	•
Parkland Health & Hospital System	Dallas	0	•	0	•	•	•
Pine Creek Medical Center	Dallas	0	Not Yet Rated				
Texas General Hospital	Grand Prairie	•	Not Yet Rated				
Texas Health Center for Diagnostic & Surgery*	Plano	•	Not Yet Rated	•	Not Yet Rated	Not Yet Rated	0
Texas Health Harris Methodist Hospital Southlake*	Southlake	•	Not Yet Rated	•	Not Yet Rated	Not Yet Rated	Not Yet Rated
Texas Health Presbyterian Hospital Allen*	Allen	0	Not Yet Rated	0	•	•	•
Texas Health Presbyterian Hospital Dallas	Dallas	0	0	0	•	•	0
Texas Health Presbyterian Hospital Denton*	Denton	0	•	0	•	•	•
Texas Health Presbyterian Hospital Flower Mound*	Flower Mound	•	Not Yet Rated	0	•	•	0
Texas Health Presbyterian Hospital Kaufman	Kaufman	•	Not Yet Rated	0	Not Yet Rated	•	Not Yet Rated
Texas Health Presbyterian Hospital of Rockwall*	Rockwall	•	Not Yet Rated	0	•	0	•
Texas Health Presbyterian Hospital Plano	Plano	•	0	•	0	•	•
Texas Health Presbyterian Hospital-WNJ	Sherman	0	•	0	•	0	0
Texas Regional Medical Center at Sunnyvale*	Sunnyvale	0	Not Yet Rated	0	•	0	•
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The Heart Hospital Baylor Plano	Plano	Not Yet Rated	0	•	Not Yet Rated	Not Yet Rated	Not Yet Rated
University of Texas Southwestern Medical Center	Dallas	0	0	•	•	0	Not Yet Rated
Wise Regional Health System+	Decatur	0	•	•	0	•	0

<sup>+</sup>Although this hospital reported zero surgical-site infections [ , due to low patient volume this result is not statistically better than national rates.

<sup>\*</sup>Although this hospital reported zero infections [ of for one or more categories in the table above, due to low patient volume this result is not statistically better than national rates.

<sup>#</sup> Although this hospital reported zero surgical-site and catheter-associated urinary tract infections [ , due to low patient volume this result is not statistically better than national rates.