

**ASSESSMENT BY PHYSICIAN**  
**FAMILY MEDICINE LETTER OF MEDICAL EXEMPTION**

FAMILY PHYSICIAN NAME & COLLEGE ID NUMBER: **DR. STEPHEN MALTHOUSE MD [CPSBC Registrant 08323]**  
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DATE: **6/24/2021**

To whom it may concern:

**EXPERTISE:** Legal counsel may safely consider me to be an EXPERT in judging the presence of a MEDICAL (or PSYCHOSOCIAL) EXEMPTION by virtue of: (1) my CHOICE OF PROFESSION & my SCOPE OF PRACTICE, (2) my COLLEGE OF PHYSICIANS & SURGEONS-ISSUED ACTIVE MEDICAL LICENCE, (3) my GOOD RAPPORT, ATTENTION TO BOUNDARIES and subsequently, my PROFESSIONAL COMMUNICATION, with the patient, (4) my FOCUSED, yet THOROUGH, UNBIASED ASSESSMENT, (5) my CONTINUING PROFESSIONAL DEVELOPMENT (CPD) ACCREDITATION with the COLLEGE OF FAMILY PHYSICIANS OF CANADA (CCFP), and (6) my DEDICATION to my career OF APPROXIMATELY TWO DECADES OF FULL-TIME MEDICAL PRACTICE.

**THE DUTY TO ACCOMMODATE:** As an EXPERT, I hereby POLITELY REQUEST that this letter of MEDICAL EXEMPTION BE CONSIDERED SUFFICIENT PROOF, that is, COURT EVIDENCE, that the current MEDICAL, &/or PSYCHOSOCIAL CONDITION(S), will be ongoing for a minimum of [REDACTED] year(s) past the date signed on this MEDICAL EXEMPTION letter, and, ESPECIALLY, that those in any seat of authority, such that they are obligated & able to assist, PLEASE UPHOLD THEIR DUTY TO ACCOMMODATE this patient without penalty, marginalization or harassment.

**HUMAN RIGHTS & INFORMED MEDICAL CONSENT:** This MEDICAL EXEMPTION letter was written for the purpose of complying with THIS PATIENT'S HUMAN RIGHTS as described in (1) two Universally-Accepted Documents (describing Human Rights in relationship to Informed Medical Consent), as well as, (2) The Canadian Charter of Human Rights & Freedoms, which is part of the 1982 Canadian Constitution Act. *Please see below & attached for details: ADDENDUM TO MEDICAL EXEMPTION*, to assist you if you are seated in a position of authority, or responsibility, in an organization that would approach you in good faith by someone REQUESTING that you please uphold THE DUTY TO ACCOMMODATE a person with a MEDICAL EXEMPTION. Please review:

- I. UNESCO's 'Universal Declaration on Bioethics and Human Rights' [19 October 2005], Article 6: Consent, Sections 1 to 3, & Article 27,
- II. Point 1 of the 'Nuremberg Code' (Nürnberger Kodex), and
- III. Canadian's 'Charter of Rights & Freedoms,' Sections-1, -2, & -7, which is a part of the 'Canadian Constitution Act of 1982.'

**CONFIDENTIALITY & PRIVACY:** By disclosing this MEDICAL EXEMPTION letter to you, my patient DOES NOT GRANT YOU PERMISSION to share its contents with anyone else without EXPRESSED VERBAL or WRITTEN CONSENT. Please do not harass, or put pressure upon, my patient to CHANGE THE STATUS OF THIS MEDICAL EXEMPTION, or seek from them any PRIVATE MEDICAL, or PSYCHOSOCIAL, INFORMATION beyond that seen in this letter. My patient is under NO OBLIGATION to share the DETAIL(S), REASON(S), DIAGNOSIS, or CONDITION(S) for which they are medically exempt, REGARDLESS OF WHETHER IT BE MEDICAL, PSYCHOSOCIAL, OR BOTH. The following represent the only legal circumstances by which a physician could sensibly, and reasonably, BREACH CONFIDENTIALITY: (i) SUICIDAL IDEATION, THREATS, or RISK, (ii) HOMICIDAL THREATS, or RISKS TO HARM (AN)OTHER(S), or (iii) SUSPECTED, or KNOWN, ABUSE OF(A) CHILD(REN) OR DEPENDANT(S) ADULT(S).

As of the date of this letter, to the best of my knowledge, this patient has thoroughly disclosed their subjective MEDICAL & PSYCHOSOCIAL history to me, and upon objective EXAMINATION, I have assessed that:

[REDACTED]  
is medically exempt from:

- ☒ Wearing a face mask or covering of any kind due to his/her medical condition (which is not COVID-19 related)
- ☒ COVID-19 Vaccine, or any Vaccine without explicit informed consent by the patient (or their guardian / caregiver).

OFFICE OF DR. STEPHEN C. MALTHOUSE, MD  
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DocuSigned by:  
**DR. STEPHEN MALTHOUSE**  
[REDACTED]

Signature & College ID Number [REDACTED]

## HUMAN RIGHTS, EXEMPTIONS & INFORMED CONSENT CONSIDERATIONS

### ADDENDUM: LAWS PROTECTING MEDICAL EXEMPTION(S) & INFORMED CONSENT

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**[I] The Constitution of Canada** (French: *Constitution du Canada*) is the supreme law in Canada. It outlines Canada's system of government and the civil and human rights of those who are citizens of Canada and non-citizens in Canada. The ***Canadian Charter of Rights and Freedoms of 1982*** is part of '*Canada's Constitution*'. In terms of **Medical & Psychosocial Exemptions**, we are particularly concerned with **Sections 1, 2, & 7**:

1. **Guarantee of rights and freedoms – SECTION 1.**  
"Canadian Charter of Rights and Freedoms guarantees the rights and freedoms set out in it subject only to such reasonable limits prescribed by law as can be demonstrably justified in a free and democratic society"
2. **Fundamental freedoms – SECTION 2.**  
"Everyone has the following fundamental freedoms:
  - a. freedom of conscience and religion;
  - b. freedom of thought, belief, opinion and expression, including freedom of the press and other media of communication;
  - c. freedom of peaceful assembly; and
  - d. freedom of association."
7. **Life, liberty & security of the person – SECTION 7.**  
"Canadian Charter of Rights and Freedoms "Everyone has the right to life, liberty and security of the person and the right not to be deprived thereof except in accordance with the principles of fundamental justice."

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**[II] Provincial Human Rights Commissions** use the **Canadian Human Rights Act, 1976-77, c.33, s.1** to monitor and punish all forms of discrimination (including harassment, which is a specialized form of discrimination) from province to province. People with MEDICAL EXEMPTIONS can not be discriminated against, or harassed, by public services, businesses, etc.

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**[III] United Nations Educational, Scientific and Cultural Organization (UNESCO)** is a specialised agency of the UN aimed at promoting world peace & security through international cooperation in education, sciences, & culture. UNESCO's '**Universal Declaration on Bioethics and Human Rights**' [19 October 2005] '**Article 6: Consent**,' **Section 1**, **Section 2**, & **Section 3** are particularly important to understanding '**Informed Medical Consent**'.

6. **Article 6 – Consent**
  1. **Section 1.** 'Any preventive, diagnostic and therapeutic medical intervention is only to be carried out with the prior, free and informed consent of the person concerned, based on adequate information. The consent should, where appropriate, be expressed and may be withdrawn by the person concerned at any time and for any reason without disadvantage or prejudice.'
  2. **Section 2.** 'Scientific research should only be carried out with the prior, free, express and informed consent of the person concerned. The information should be adequate, provided in a comprehensible form and should include modalities for withdrawal of consent. Consent may be withdrawn by the person concerned at any time and for any reason without any disadvantage or prejudice. Exceptions to this principle should be made only in accordance with ethical and legal standards adopted by States, consistent with the principles and provisions set out in this Declaration, in particular in Article 27, and international human rights law.'
  3. **Section 3.** 'In appropriate cases of research carried out on a group of persons or a community, additional agreement of the legal representatives of the group or community concerned may be sought. In no case should a collective community agreement or the consent of a community leader or other authority substitute for an individual's informed consent.'
27. **Article 27 – Limitations on the application of the principles:** 'If the application of the principles of this Declaration is to be limited, it should be by law, including laws in the interests of public safety, for the investigation, detection and prosecution of criminal offences, for the protection of public health or for the protection of the rights and freedoms of others. Any such law needs to be consistent with international human rights law.'

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**[IV] The Nuremberg Code** (German: Nurnberger Kodex) is a set of research ethics principles for human experimentation created as a result of the **Nuremberg trials** at the end of the Second World War.

1. '**Nuremberg Code [1947] POINT 1: The voluntary consent of the human subject is absolutely essential.**'
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# Declaration Certificate of Medical Exemption & Including Psychosocial Conditions The Duty To Accommodate

PLEASE NOTE - BYLAW ENFORCEMENT, RCMP, ALL REPRESENTATIVES, CLERKS & MANAGERS of PUBLIC SERVICES, EMPLOYER, UNION & HOUSING REPRESENTATIVES - THIS LETTER SERVES AS A REMINDER TO YOU OF YOUR LEGAL DUTY TO ACCOMMODATE MY MEDICAL & PSYCHOSOCIAL EXEMPTION(S).

Wearing masks or shields is detrimental to my health. Acknowledging the DUTY TO ACCOMMODATE my MEDICAL EXEMPTION is much appreciated. Please observe below the name and signature of the physician bearing witness to this document. Sections 1, 2 & 7 of the Canadian Constitution 1982 form part of the Charter of Rights and Freedoms guaranteeing the right to life, liberty & security of person. As witnessed, I am exempt from the local regulation(s) mandating face mask usage for medical reasons.

My name is [REDACTED]

MEDICAL (& PSYCHOSOCIAL) EXEMPTIONS might include, but are not limited to:

- (1) **Mental Health Issue** - PTSD, Claustrophobia, Autism, Anxiety, Depression, Impaired social development (masks hide facial expressions & prevent lip reading in children)
- (2) **Physical Health Issue** - COPD, asthma, dyspnea (shortness of breath), headaches, repeated respiratory tract infections
- (3) **Constitutional Section 2 'Fundamental Freedoms'** - (a) freedom of conscience and religion; (b) freedom of thought, belief, opinion and expression, including freedom of the press and other media of communication; (c) freedom of peaceful assembly; and (d) freedom of association.



Canadian  
Human rights  
Commission  
Commission  
Canadienne des  
Droits de la personne



DocuSigned by:

[REDACTED]

Name: [REDACTED]

DocuSigned by:

DR. STEPHEN MALTHOUSE

Witness: DR. STEPHEN MALTHOUSE

[REDACTED]

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Vaccinations are detrimental to my health. Acknowledging the DUTY TO ACCOMMODATE my MEDICAL EXEMPTION is appreciated. Please observe below the name and signature of the physician bearing witness to this document. Sections 1, 2 & 7 of the Canadian Constitution 1982 form part of the Charter of Rights and Freedoms guaranteeing the right to life, liberty & security of person. As witnessed, I am exempt from the local regulation(s) mandating vaccination usage for medical reasons.

My name is [REDACTED]

MEDICAL (& PSYCHOSOCIAL) EXEMPTIONS might include, but are not limited to:

- (1) **Mental Health Issue** - Phobia, PTSD, Claustrophobia, Autism, Anxiety, Depression, Impaired social development, Personal belief exemptions
- (2) **Physical Health Issue** - Vaccine allergies, Vaccine injuries, HIV, Immune Status Condition, Hypersensitivities to Medication, Asthma, Eczema, Migraine Headaches, Contraindicated Medications, Chemotherapy, Steroid therapy
- (3) **Constitutional Section 2 'Fundamental Freedoms'** - (a) freedom of conscience and religion; (b) freedom of thought, belief, opinion and expression, including freedom of the press and other media of communication; (c) freedom of peaceful assembly; and (d) freedom of association.



Canadian  
Human rights  
Commission  
Commission  
Canadienne des  
Droits de la personne



DocuSigned by:

[REDACTED]

Name: [REDACTED]

DocuSigned by:

DR. STEPHEN MALTHOUSE

Witness: DR. STEPHEN MALTHOUSE