2015 Race ☐ **Adults 5K** ☐ **Cook Children's 5K** ☐ **10K**

☐ **Half Marathon** ☐ **Marathon** ☐ **Ultra Marathon (50k)**

☐ **Cowtown Challenge** (Race on Saturday and Sunday)

I, _____ _____, registered for either the 2015 Cowtown Adults 5k, Cook Children's 5k, 10k, Marathon or Ultra Marathon (which were cancelled due to inclement weather), or the Half Marathon but was unable to participate. I have completed my virtual race(s) on _____.

_____   _____
Bib#   Witness

The Cowtown Virtual Race

Now you can finish your 2015 Cowtown 5K, 10K, Half Marathon, Marathon or Ultra Marathon (50K) on your own. Since we had to cancel our 5K, 10K, Marathon and Ultra Marathon races and many were unable to participate in the Half Marathon due to travel concerns, we've created The Cowtown Virtual Race. Here's how it works…

What is a Virtual Race?
A virtual race is a race that can be run at any location. You can walk, use the treadmill, run outside or inside. You can run your race distance at your pace wherever you like, including other organized events.

How do I qualify?
To qualify to run The Cowtown Virtual Race, you must have been registered in The Cowtown Adult 5k, Cook Children's 5K, 10K, Half Marathon, Marathon or Ultra Marathon no later than February 28, 2015. If you were registered for and ran in the Cowtown Half Marathon on Sunday, March 1, you are **NOT** eligible for the virtual Half Marathon. No duplicates.

When do I run?
Run at your convenience, but this form must be completed and returned to The Cowtown by Monday, March 30, 2015.

When do I get my medal?
After you've completed and returned the form, Cowtown will then verify your registration and respond with the detail on how you can receive your finisher medal.

What about my Cowtown Challenge Medal?
You can complete the Virtual Race and earn your Cowtown Challenge Medal if you were pre-registered for a Saturday and Sunday race. The Cowtown will verify your original Saturday registration, completion of a 5k or 10k Virtual Race and completion of the Sunday Half Marathon, a virtual Half Marathon, virtual Marathon or virtual Ultra Marathon before awarding your Cowtown Challenge Medal.

Email your completed form to: info@cowtownmarathon.org

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