

Food Banks

Client Information Sheet



Hamilton
Public Health Services

Food Access Guide 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Nations Full Gospel Church - 1209 Main St. East, Hamilton - 905.745.2407 (appointments for different dates and times can be arranged)						
						12:30 pm - 1:30 pm
Ancaster Community Services - 300 Wilson St. East, Ancaster - 905.648.6675 (by appointment only)						
9 am - 4 pm	9 am - 4 pm	9 am - 4 pm	9 am - 4 pm	9 am - 4 pm		
Canadian Red Cross Society - 400 King St. East, Hamilton - 905.522.8485 ext. 1267 (by appointment only)						
8:30 am - 4:30 pm	8:30 am - 4:30 pm	8:30 am - 4:30 pm	8:30 am - 4:30 pm	8:30 am - 4:30 pm		
Flamborough Food Bank - 1432 Centre Road, Carlisle - 905.690.1036 (for Flamborough residents only)						
		1 pm - 3 pm 7 pm - 8:30 pm				
Good Shepherd Family Services - 120 Cannon St. East, Hamilton - 289.639.8199 (must be over 16 and paying rent)						
9 am - 11:30 am 1 pm - 3 pm	9 am - 11:30 am 1 pm - 3 pm	9 am - 11:30 am 1 pm - 3 pm	9 am - 11:30 am 1 pm - 3 pm	9 am - 11:30 am 1 pm - 3 pm		
King's Way Blessing Centre - 649 King St. East, Hamilton - 905.296.9473						
11 am - 3 pm	11 am - 3 pm	11 am - 3 pm 2 pm - 2:30 pm Grocery Bag Distribution	11 am - 3 pm	6 pm - 9 pm		
Living Rock Ministries - 30 Wilson St. Hamilton - 905.528.7625 (for ages 13 to 25 only)						
	1 pm - 4 pm	1:30 pm - 4 pm	1 pm - 4 pm		1:30 pm - 4 pm	1:30 pm - 4 pm
Mission Services - 196 Wentworth St. North, Hamilton - 905.528.4212 (no appointment required)						
9 am - 11 am		9 am - 11 am 1 pm - 3 pm		9 am - 11 am		
Neighbour to Neighbour Centre - 28 Athens St. Hamilton - 905.574.1334 (for Hamilton Mountain, Stoney Creek Mountain, Ancaster, Mount Hope, Binbrook residents only)						
9:15 am - 12:15 pm 1 pm - 3:15 pm	9:15 am - 12:15 pm 1 pm - 3:15 pm	9:15 am - 12:15 pm 1 pm - 3:15 pm	9:15 am - 12:15 pm 1 pm - 3:15 pm			
	Mobile Food Bank Afternoon Only		Mobile Food Bank Afternoon Only			
	For Hamilton Mountain residents who cannot access food banks due to illness, disability or other extenuating circumstances					

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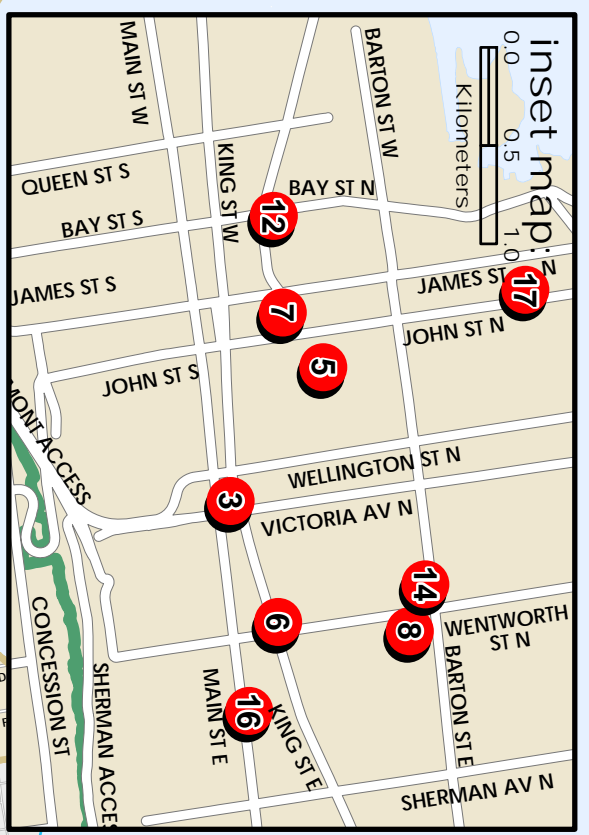
Food Access Guide 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Salvation Army Dundas - 150 King St. West, Dundas - 905.627.0572 (for Dundas, Ancaster, Flamborough & West Hamilton residents only)						
9 am - 11 am 1 pm - 3:30 pm	9 am - 11 am 1 pm - 3:30 pm	9 am - 11 am 1 pm - 3:30 pm	9 am - 11 am 1 pm - 3:30 pm			
Salvation Army Family Services - 80 Bay St. North, Hamilton - 905.540.1888 ext. 220						
9:30 am - 11:30 am 1 pm - 3:30 pm	9:30 am - 11:30 am 1 pm - 3:30 pm	9:30 am - 11:30 am 1 pm - 3:30 pm	9:30 am - 11:30 am 1 pm - 3:30 pm	9:30 am - 11:30 am 1 pm - 3:30 pm		
Stoney Creek Food Bank - 605 Queenston Rd. Hyw # 8, Stoney Creek - 905.643.2090 (for Stoney Creek residents only)						
9:30 am - 1 pm		9:30 am - 1 pm	9:30 am - 1 pm			
St Matthew's House - 414 Barton St. East, Hamilton - 905.523.5546 - (for Hamilton, Dundas & Ancaster Area)						
9 am - 11:30 am 1 pm - 3:30 pm	9 am - 11:30 am 1 pm - 3:30 pm	9 am - 11:30 am 1 pm - 3:30 pm	9 am - 11:30 am 1 pm - 3:30 pm	9 am - 11:30 am 1 pm - 3:30 pm		
St Matthew's House - St John's Community Support Programs - 1285 Hwy #8, Winona - 905.643.2052 - (for Winona Area)						
1 pm - 4 pm	1 pm - 4 pm	1 pm - 4 pm	1 pm - 4 pm			
St Mathew's House, Roxborough Centre - 785 Britannia Ave. Hamilton - 905.545.0565 - (for Ottawa St. through Stoney Creek area)						
9 am - 12 pm	9 am - 12 pm	9 am - 12 pm	9 am - 12 pm			
The Hamilton Dream Centre - 627 Main St. East, Hamilton - 905.527.8605 (for Wellington St. to Parkdale Ave. N & Cumberland Ave. to Burlington St. clients only)						
	9:30 am - 12 pm For OW or CP Clients 6 pm - 8 pm For OSAP, EI, and Low Income Clients		9:30 am - 12 pm For ODSP Clients			
Welcome Inn Community Centre - 40 Wood St. East, Hamilton - 905.525.5824						
11:30 am - 2:00 pm		11:30 am - 2:00 pm		11:30 am - 2:00 pm		



CITY OF HAMILTON FOOD BANKS Food Access Guide Location Map

Food Bank
 Urban Areas



see inset:



Note: Placement of map-points are for reference purpose only and represent only the General Location in the City

ID	NAME / LOCATION
1	All Nations Full Gospel Church
2	Ancaster Community Services
3	Canadian Red Cross Society - Hamilton
4	Flamborough Food Bank
5	Good Shepherd Family Services
6	King's Way Blessing Centre
7	Living Rock Ministries
8	Mission Services
9	Neighbour to Neighbour Centre
10	Roxborough Centre
11	Salvation Army, Dundas
12	Salvation Army, Family Services
13	St. John's Community Support Programs
14	St. Matthew's House
15	Stoney Creek Food Bank
16	The Hamilton Dream Centre
17	Welcome Inn Community Centre

See location addresses on the other side of this page